ONLY IN People

Sister Wives' Meri Tells All

How I Got Tricked Into an Online Relationship—with a Woman



People

October 26, 2015

TRUE CRIME

DEADLY HYPNOSIS AT SCHOOL?

3 Teens Dead



SHOCKING NEW DETAILS

Teresa Giudice HER LIFE IN PRISON

Exclusive

At home with CARRIE UNDERWOOD!

CONFESSIONS OF A NEW MOM

Body issues, breast-feeding struggles and how she makes her marriage work

PLUS Carrie's personal family photos



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a.n.a. jacket - orig. $90, **sale 49.99**
a.n.a. shirt - orig. $36, **sale 19.99**
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chatter

For **October 26, 2015**



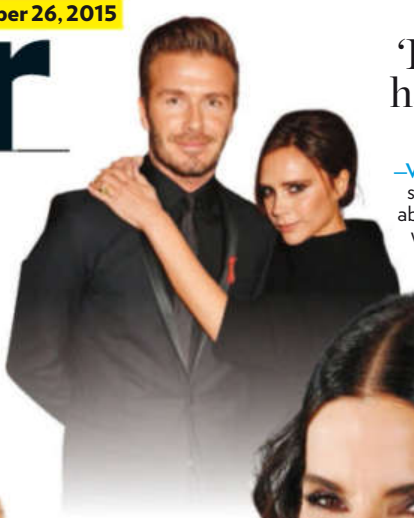
'50 million followers!! Thanks so much, guys. I'm pretty sure this is just because I have cute cats though.'

—TAYLOR SWIFT, joking about her social-media milestone, on Instagram



'F is for Friend #PharrellonSesame.'

—**PHARRELL WILLIAMS**, teasing his appearance on *Sesame Street*, on Instagram



'David and I have nothing to prove.'

—VICTORIA BECKHAM, shutting down rumors about marriage troubles with David Beckham, to *Grazia*



'Well, I did some stupid things in college. Fact that I didn't wind up in jail: miracle.'

—**SANDRA BULLOCK**, who credits motherhood with helping her feel like an adult, to *Glamour*



'Body-shaming is always wrong.'

—VIN DIESEL, after critics mocked his so-called "dad bod," on Instagram



'I was that girl—that girl who felt that as much pain as this relationship is, maybe some people are built stronger than others.'

—RIHANNA, looking back at her relationship with Chris Brown, to *Vanity Fair*



Q & A

Tom Selleck

The* Blue Bloods *actor, 70, stars in* Lost in Paradise, *the ninth Jesse Stone film, premiering Oct. 18 on Hallmark Channel

Why do another Jesse Stone movie?

This guy is deeply flawed, but you root for him. There's nothing more intriguing to an actor than playing that.

Would you do a *Magnum, P.I.* reboot?

If anyone wanted to do a movie and they think I'd still fit for him, I think that'd be great!

How do you stay grounded?

I spend most of my free time working my ranch, where the work is real. And I'm blessed with a very happy marriage [of 28 years].

—**PATRICK GOMEZ**

CLOCKWISE FROM TOP LEFT: JEFF VESPA/WIREIMAGE; DAVID M. BENETT/GETTY IMAGES; JON KOPALOFF/FILMMAGIC; RAY TAMARRA/WIREIMAGE; ALLEN BEREZOVSKY/WIREIMAGE; ANTONIO DE MORAES BARROS FILHO/WIREIMAGE

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***People* Beauty**
Jessica Alba guest-edits *People*'s Fall Beauty Special!



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Carrie Underwood gets personal about being a mom to her 7-month-old son Isaiah, marriage to Mike Fisher and her new music.



Check out our latest content on *People*'s tablet edition. Find out more at people.com/ontablet

ON THE COVER Photograph by Joe Pugliese. Hair & Makeup: Melissa Schleicher; Stylist: Emma Trask/Opus Beauty; Manicurist: Linda Boun; Prop stylist: Anna Webb; Insets, from top: Brian Bowen Smith/TLC; John Lamparski/WireImage

FROM LEFT: CHARLES SYKES/NBCU PHOTO BANK/GETTY IMAGES; JOE PUGLIESE

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A transgender twin and her family discuss their emotional journey.

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Sister Wives' **Meri Brown opens up about how she got "catfished" in an online relationship with a woman.**



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Former Nickelodeon star Josh Peck reflects on his transition from child star to successful leading man.

CLOCKWISE FROM TOP: ERIC OGDEN; MAARTEN DE BOER/GETTY IMAGES; HECTOR SANCHEZ; BRIAN BOWEN SMITH/TLC

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Call to Action

In last week's issue, and on people.com, *People* published a Call to Action, encouraging you to contact your representatives in the U.S. House and Senate, ask what they're doing about gun violence and let them know what you think of their strategies. While many of you thanked us for supplying representatives' contact information, others were offended that we had become "political." In fact, *People* did not take a stand on firearms policy; like many of you, we're frustrated that the issue has become so politicized, and we want to know that our elected officials aren't giving up. There isn't one solution to the problem of violence in America, and there are good ideas and legitimate concerns across the political spectrum. Many of you told us that violence is a mental-health issue. Some want more gun control, others do not. Some told us that our best bet is to focus on poverty, disenfranchisement, or the pervasive violence in pop culture. There are no easy answers. Over the next few months *People* will cover individuals and organizations working to curb violence in their communities and looking for solutions on a grassroots level. Several of you wrote to *People* reminding us that when covering crimes like the Oregon shooting, it's important to focus on the victims, not the killer. We agree, and that's what we tend to do. Since infamy can be a motivating factor in mass killings, we will be careful to avoid giving individuals who commit or attempt these crimes more notoriety. We will use strong caution when deciding whether to show these murderers' photos or use their names, and not allow ourselves to be a platform for their messages. Keep letting us know what you think of our coverage of these issues, and thank you for your response to our Call to Action. Let's continue to hold our representatives'—and the media's—feet to the fire. And let's keep the conversation going.

Jess

JESS CAGLE, EDITORIAL DIRECTOR



mailbag For October 19, 2015

Thank you so much for your issue on the gun epidemic in our country! I am so grateful that you took this brave step in educating your readers about our gun laws and how they can go about trying to change things.
Theresa T. New Providence, N.J.

Criminals and the mentally unstable do not need guns to commit crimes but good citizens with guns can help prevent their carnage. Please focus on what you do best—Hollywood entertainment and inspiration from everyday people.
Lori Griswell Ellerslie, Ga.

I called my representatives immediately to tell them my feelings about gun control. I am tired of the infighting and lack of ability to get things done. They are just plain old ignoring us.
Irene Mechail Mentor, Ohio

Thank you for the Call to Action article listing contacts for voting members of Congress. I shall call each and every one to ask what they are doing to protect our Second Amendment rights and to promote mental-health services for those who would target vulnerable "gun-free" zones to commit such atrocities.
Jessie Maisano via e-mail

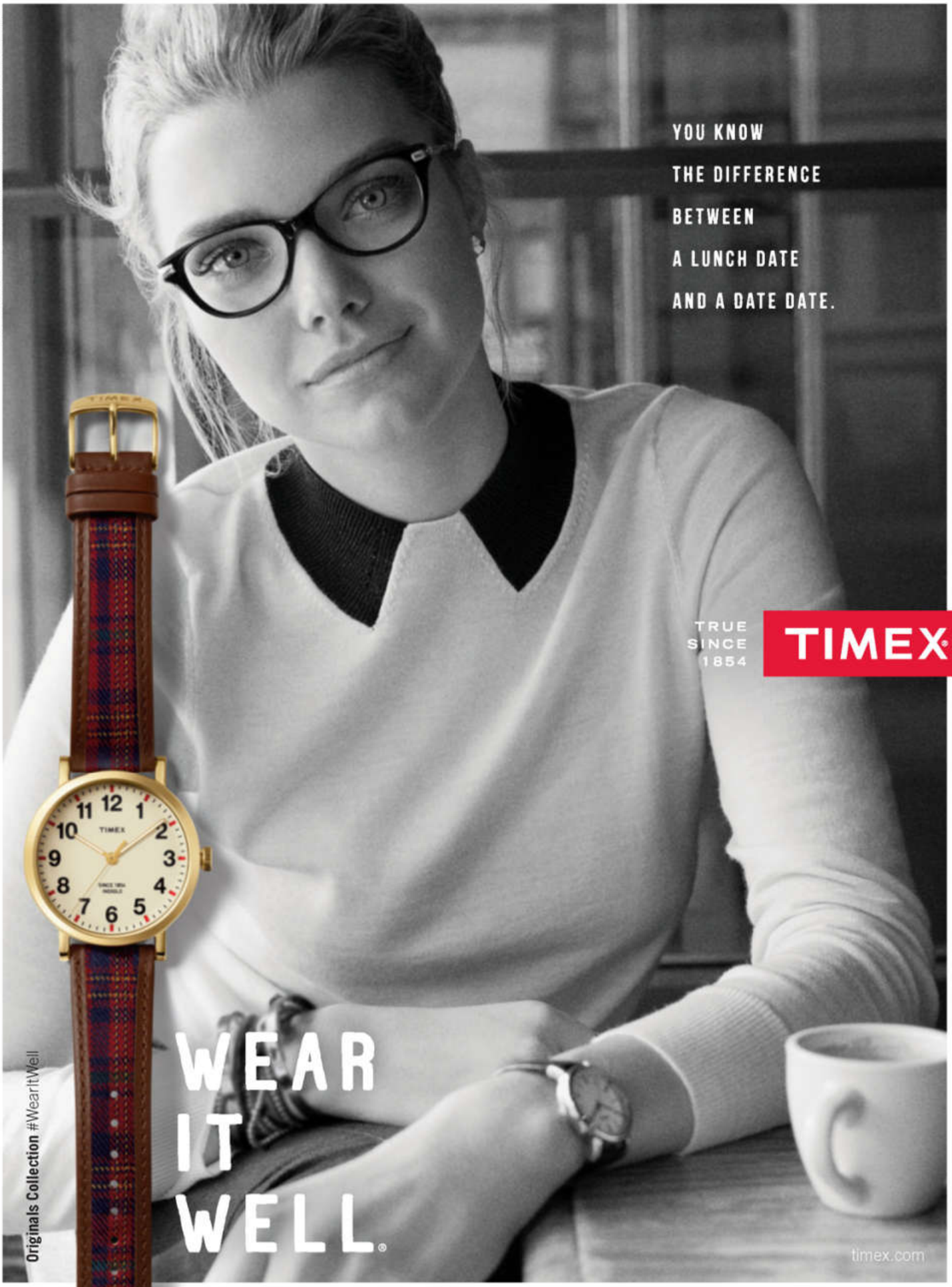
The Second Amendment was designed with muskets in mind, not automatic weapons, so the constitutional argument of the "right to bear arms" is ludicrous. It's comparing apples to grenades.
Jennifer Robbins Denver

Get in Touch

Write Letters to the Editor, *People*, Time & Life Building, Rockefeller Center, New York, NY 10020
E-mail editor@people.com **Fax** 212-522-0794
Letters should include the writer's full name, address and daytime phone number and may be edited for clarity and space.

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RICHARD PHIBBS; PETER ZAMBOUROS(2)



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StarTracks

BEST FRIENDS FUR-EVER

New York City, Oct. 11

Hilary Duff takes advantage of the New York weather with a cuddly friend in the park.



WHAT'S SO FUNNY?

London, Oct. 9

Sienna Miller, Tom Hiddleston and Elisabeth Moss goof off at the BFI London Film Festival screening of their film *High-Rise*.

CLOCKWISE FROM LEFT: JOHN PHILLIPS/GETTY IMAGES; ALLAN BREGG/SPLASH NEWS; JOHN LAMPARSKI/GETTY IMAGES; ROBERT KAMAU/GC IMAGES(2); JOHN SALANGSANG/BFA/SIPA





SUPER CLOSE

New York City, Oct. 11

Supermansion's Bryan Cranston and Seth Green get cozy at New York Comic Con.



RED CARPET BEAUTY

Los Angeles, Oct. 10

Julia Roberts can't stop smiling at the Hammer Museum's Gala in the Garden honoring style icon Diane Keaton. (For more on Roberts, see page 34.)



PICK ME UP!

New York City, Oct. 10

Jennifer Lawrence gives funny guy Aziz Ansari a lift after celebrating friend Amy Schumer's *Saturday Night Live* hosting gig.



ALL BUNDLED UP

New York City, Oct. 10

Lupita Nyong'o shows off her colorful fall wardrobe while out in the city.

ROYAL OUTINGS



WHAT A GRIN!

London, Oct. 10

The royal couple are all smiles at Harrow College, where they attended an event for World Mental Health Day.



NEW JERSEYS

London, Oct. 9

Prince William passes out fresh jerseys to the Wales squad ahead of their Rugby World Cup match.



AT THE ROUND TABLE

London, Oct. 10

Princess Kate meets with young attendees at the event hosted by Mind, a mental health charity.



Singer Katy Perry signs "The Wall of Hamilton" backstage on Aug. 27.



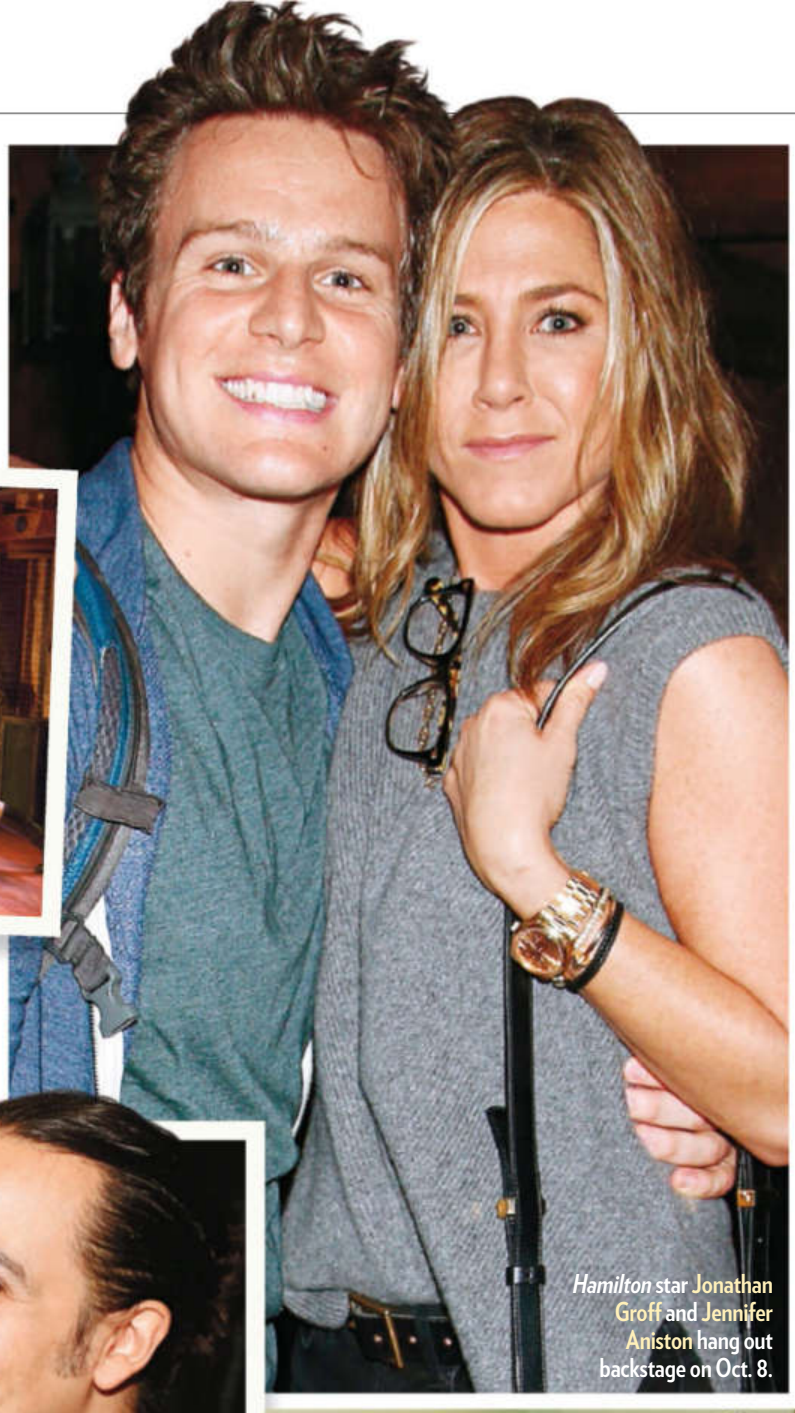
Anthony Ramos and Cate Blanchett pose backstage after a performance on Oct. 4.

CLOCKWISE FROM BOTTOM LEFT: ARTHUR EDWARDS/REX SHUTTERSTOCK; HUW EVANS/REX SHUTTERSTOCK; ARTHUR EDWARDS/GETTY IMAGES; BRUCE GLIKAS/FILMMAGIC; SARA KRULWICH/REDUX; JOSEPH MARZULLO/WENN; BRUCE GLIKAS/FILMMAGIC(3)

HOLLYWOOD LOVES *HAMILTON*



It's a smash hit on Broadway, but *Hamilton* has also won scores of high-profile fans from movies and TV. The musical, which tells the story of founding father Andrew Hamilton set to a pop score, has been mobbed by stars since its August opening.



Hamilton star Jonathan Groff and Jennifer Aniston hang out backstage on Oct. 8.

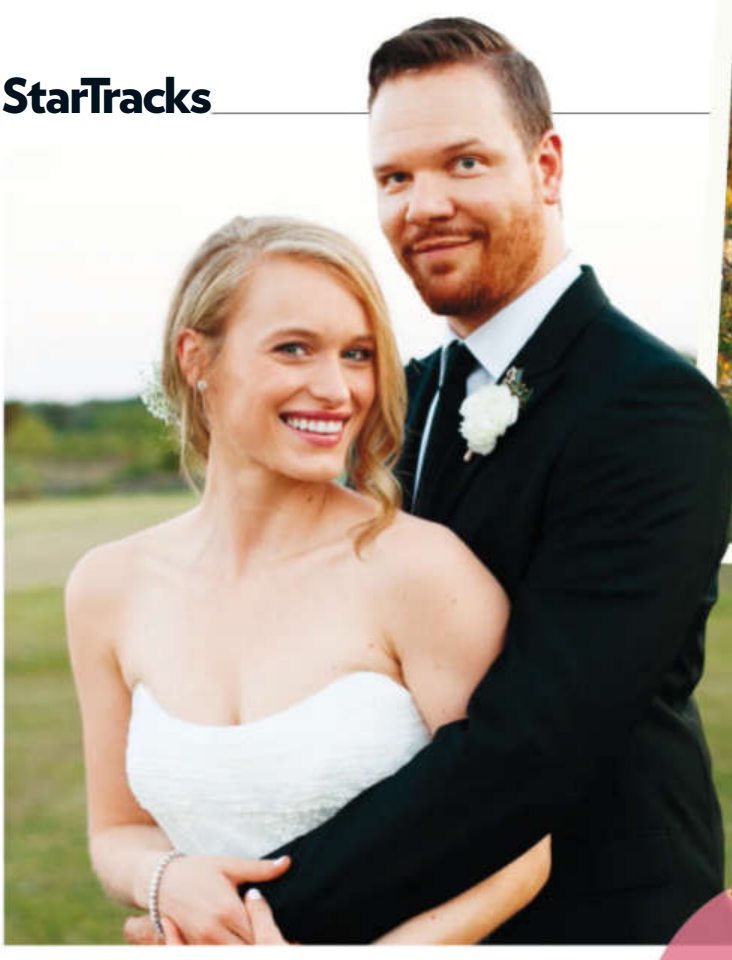


Man of the hour Lin-Manuel Miranda poses for a selfie with *Scandal* star Kerry Washington.



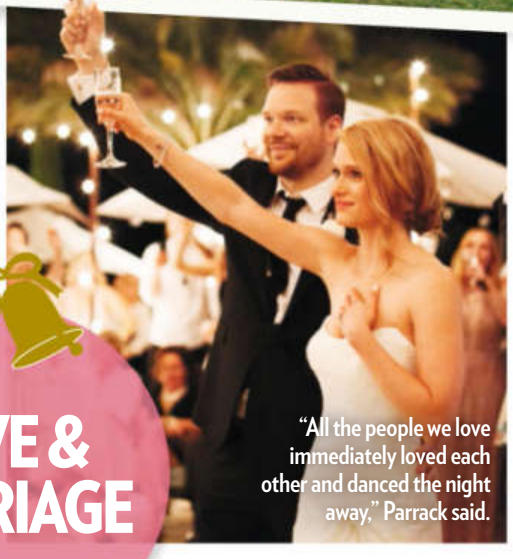
Matthew McConaughey chats with *Hamilton*'s Okieriete Onaodowan and Daveed Diggs.

LOVE & MARRIAGE





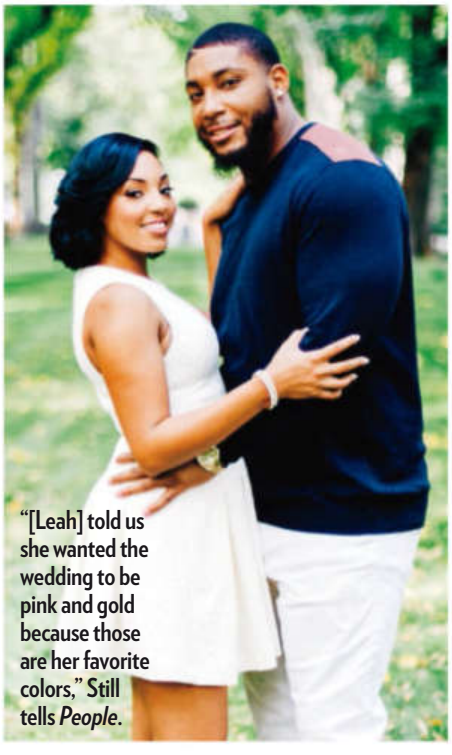
"My band is from Lara's Jewelry in L.A., and I like that it reminds me of a wreath or a crown," Rambin said.



"All the people we love immediately loved each other and danced the night away," Parrack said.

TRUE LOVE *Buda, Texas, Oct. 10*

True Detective's Leven Rambin, 25, and *True Blood*'s Jim Parrack, 34, tied the knot in their shared home state of Texas just over a year after announcing their engagement. "It was the most fun, beautiful, spiritual experience we've ever had," Rambin tells *People* of her wedding day.



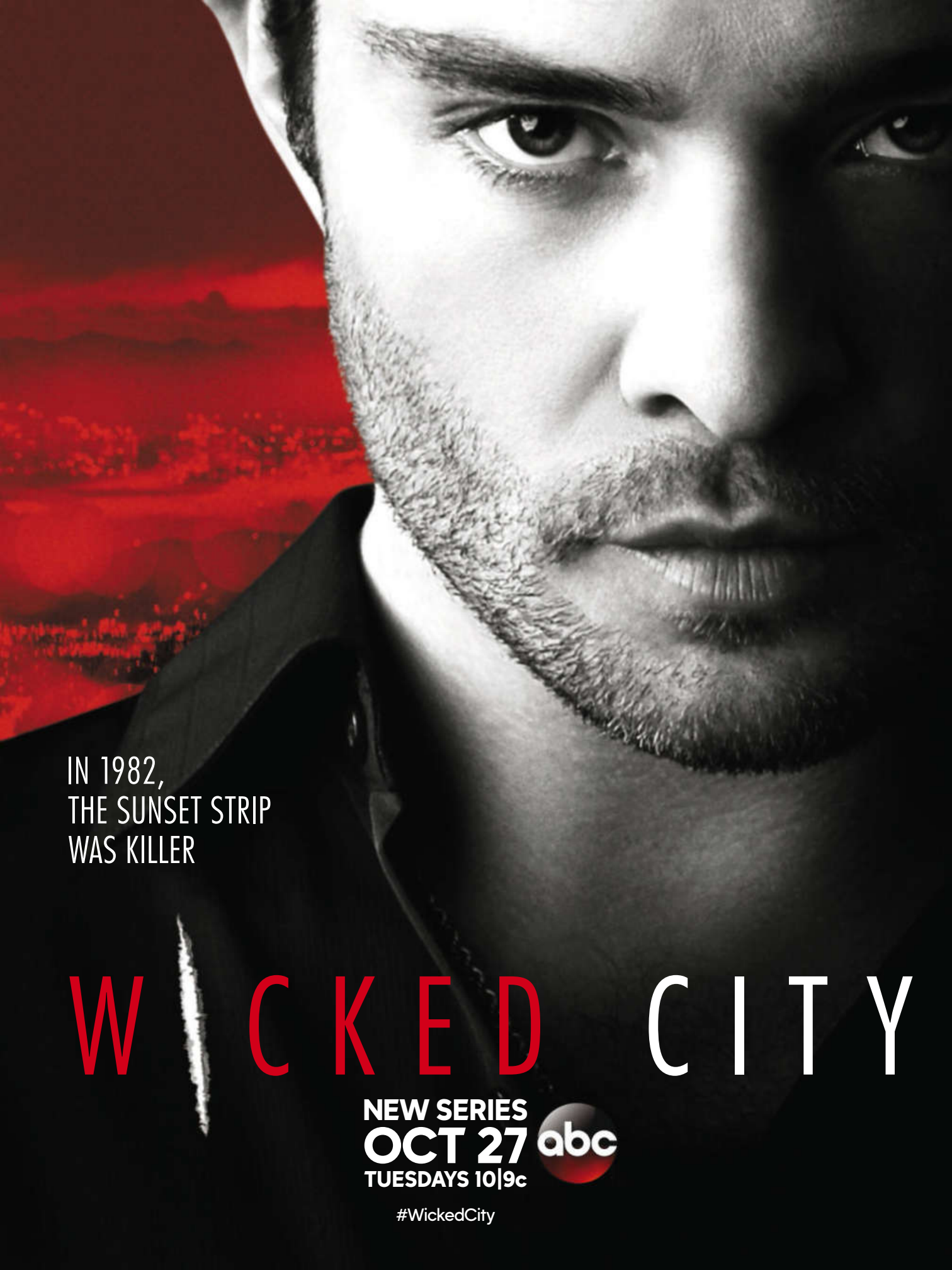
"[Leah] told us she wanted the wedding to be pink and gold because those are her favorite colors," Still tells *People*.



PLANS FOR THEIR DREAM DAY

After promising to give fiancée Asha Joyce "the wedding of your dreams," former Cincinnati Bengals player Devon Still is doing just that—with some help from TheKnot.com. The pair got engaged right before Still's daughter Leah, 5, was diagnosed with cancer last summer, and they put their plans on hold to take care of her.

CLOCKWISE FROM LEFT: HEATHER CUBLE (3); JOSEPH LINK (2)


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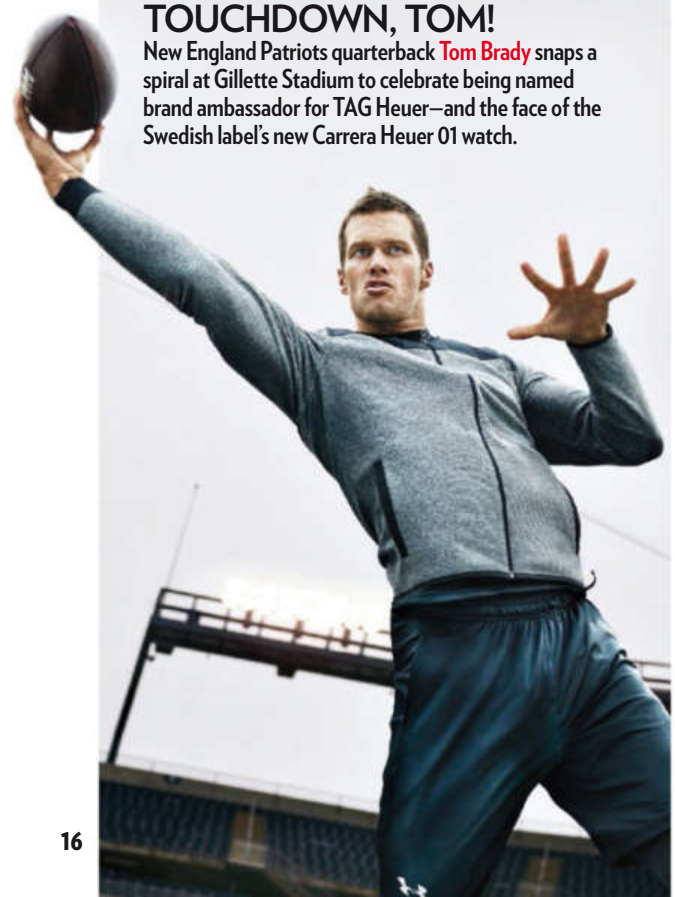


MURRAY CHRISTMAS

Bill Murray is celebrating the holidays with a star-studded special, *A Very Murray Christmas*, coming to Netflix this December. "It just started from wanting to see Bill sing and our fondness for those old Christmas specials that were on TV in the '70s and '80s," writer/director Sofia Coppola tells *People*. Among those spreading the holiday cheer: George Clooney, Miley Cyrus, Paul Shaffer, and Amy Poehler.

TOUCHDOWN, TOM!

New England Patriots quarterback Tom Brady snaps a spiral at Gillette Stadium to celebrate being named brand ambassador for TAG Heuer—and the face of the Swedish label's new Carrera Heuer 01 watch.





A CLASSIC REIMAGINED

NBC reboots a beloved Broadway musical in *The Wiz Live!*, which premieres Dec. 3. The cast includes David Alan Grier as the Cowardly Lion, Shanice Williams as Dorothy, Ne-Yo as the Tin Man and Elijah Kelley as the Scarecrow. "We're creating a fantasyland that also is inspired by some of the imagery you'd see today," Tony-nominated costume designer Paul Tazewell tells *People*.

CLOCKWISE FROM TOP: ALI GOLDSTEIN/NETFLIX; KWAKU ALSTON/NBC; TAG HEUER

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RED CARPET REPORT

Best Looks of the Week



Elisabeth Moss
in an Osman mini with an Oroton clutch and reflective Casadei heels at a screening of *Truth* in Los Angeles.

Olivia Palermo
in a Preen dress with Christian Louboutin pumps at the launch of her Ciaté London nail collection in Dublin.

Gwyneth Paltrow
in a Brandon Maxwell blouse and skirt at the *Variety* "Power of Women" event in Los Angeles.

Emma Stone
in a Bottega Veneta lace mini with cutout booties at the Hammer Museum Gala in Westwood, Calif.

Gina Rodriguez
in a black turtleneck and a beaded Steven Khalil midi skirt at *The Late Show with Stephen Colbert* in N.Y.C.

Kiernan Shipka
in a patterned Bottega Veneta strapless design at the Hammer Museum Gala in Westwood, Calif.

FROM LEFT: JON KOPALOFF/FILMMAGIC; MARK DOYLE/SPLASH NEWS; JON KOPALOFF/FILMMAGIC; NEIL RASMUS/BFA/SIPA; MARCUS OWEN/STARTRAKS; JOHN SALANGSANG/BFA/SIPA

Super Style

THE RIGHT OUTFIT CAN SAVE THE DAY

COSTUME DESIGNERS FOR THE STAR OF *SUPERGIRL* SHARE HOW THEY TOOK THE LOOK OF THIS MODERN-DAY HERO TO NEW HEIGHTS.

COLLEEN ATWOOD

ACADEMY AWARD®-WINNING CREATOR OF THE SUPERHERO'S CRIME-FIGHTING SUIT

What was your inspiration for the Supergirl costume?

It was inspired by the classic graphic of early Supergirl. I urbanized it to fit the amazing screenplay, which was full of action and heart.

Are there any secrets to the costume? Anything viewers may not notice right away?

The costume has several versions for different types of action. The cape is hooked to an inner suit that keeps the weight off Supergirl's shoulders.

Can the right outfit make anyone feel more powerful?

I think when people feel good in their clothing, it helps sell them as having a presence, if not power.



KIERSTEN RONNING

THE MASTERMIND BEHIND KARA DANVERS' DOWN-TO-EARTH STYLE

What was the concept behind Kara's everyday look?

Kara is figuring out who she is and who she wants to be in many ways. I want her to feel light and pretty, never too sexy. But I also want to have a sense of her burgeoning power.

Will Kara's style evolve as Supergirl becomes more confident in her own abilities?

We are catching Kara and Supergirl at the beginning of her story, so as she learns more about herself and finds her strength, she will also mature in her fashion choices.

SUPERGIRL

PREMIERES **MON** OCT 26 **8:30/7:30c** CBS

RED CARPET REPORT

Luxe Velvet

THE FABRIC YOU WANT TO REACH OUT AND TOUCH LOOKS MORE GLAM THAN EVER IN RICH HUES AND SEXY SILHOUETTES



Dakota Johnson
in a sheer Christopher Kane design and Jimmy Choo sandals at the Toronto Film Festival.

Maggie Gyllenhaal
in a cobalt Acne dress and black pumps at a New York Film Festival party for *Experimenter*.

Julianne Moore
in a Saint Laurent gown with a bow accent at the N.Y.C. premiere of *Freeheld*.

Jessica Chastain
in a blue Givenchy dress and peep-toe heels at the Toronto Film Festival premiere of *The Martian*.

Diane Kruger
in an off-the-shoulder burgundy BOSS midi at the Venice Film Festival premiere of *Black Mass*.

FROM LEFT: JOE SCARNICI/WIREIMAGE; JIM SPELLMAN/WIREIMAGE; GREGORIO T. BINUYA/EVERETT; CHRISTIAN LAPID/STARTRAKS; INF


A NEW HERO WILL RISE.
SUPERGIRL
PREMIERES MONDAY
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Scoop

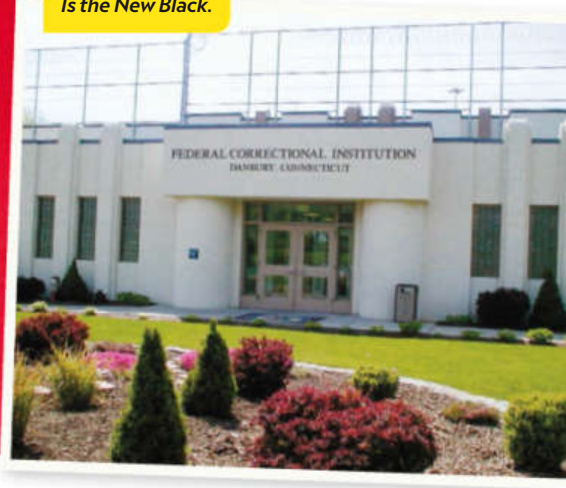
ALL THE NEWS & BUZZ FROM HOLLYWOOD



TERESA GIUDICE
HER LIFE BEHIND BARS

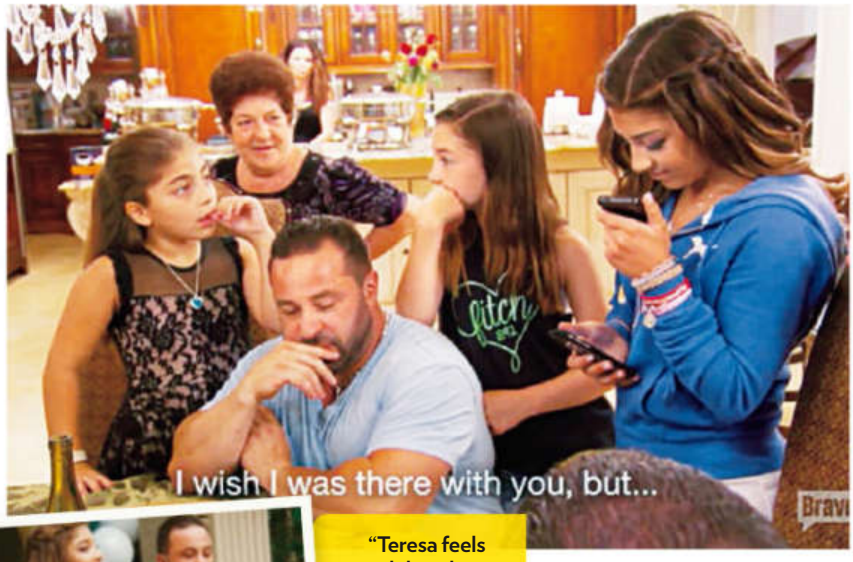
BY JANINE RAYFORD RUBENSTEIN

AS TERESA GIUDICE has learned over this past year, there's nothing easy about doing hard time. Last January, following her and husband Joe's fraud convictions, the reality star checked out of her multimillion-dollar home and into federal prison to begin her 15-month sentence—an ordeal she and her family have struggled with privately. But now, in a new three-part Bravo special *Real Housewives of New Jersey: Teresa Checks In*, the family is revealing new details of her time behind bars. Among the *Housewives*-style details: that she tried to have phone sex with her husband and trades items



Just after celebrating Christmas 2014 with family, Teresa entered the federal prison in Danbury, Conn., that inspired *Orange Is the New Black*.

FROM LEFT: STEPHEN LOVEKIN/GETTY IMAGES; COURTESY FEDERAL BUREAU OF PRISONS





"Teresa feels good that she can rely on him," says the source of Joe (shown here on the family's new Bravo special—part 2 airs Oct. 18—in his role as primary parent and "cheer mom" to the couple's four young girls).



purchased at commissary for beauty services. She's been visited by her brother Joe but not his wife, Melissa, and got "shaken down" by guards after she was accused of smuggling in a cell phone. But the hardest thing "is just being away from Joe [Giudice] and the girls," says a source close to Teresa. Her husband paints a pleasant picture of Mom's prison accommodations for their four daughters, Gia, 14, Gabriella, 11, Milania, 9, and Audriana, 6. "It's like a low-budget spa," he says and recently described how she's made new friends on the inside. But Teresa is devastated by the separation.

"She gets limited phone calls. She has 300 minutes a month. That isn't enough when you're a mom trying to talk to your kids," says the source. "It breaks my heart," Teresa says in a recorded call aired on the show. "Never, never, never in my life would I have imagined not being there for my daughters."

Despite her absence, "the girls are actually doing great," says the source. "Joe is really stepping up as a dad." And Teresa's harsh new reality—which will be chronicled in detail in her new memoir *Turning the Tables: From Housewife to Inmate and Back Again*, written with *People*'s own K.C. Baker and scheduled for publication on Feb. 9—hasn't hurt her marriage. "She's been missing Joe so much, and he misses her a lot too," says the source. "She's so excited to see her husband again." Their upcoming reunion will be short-lived—Teresa's release is on Dec. 23, just in time for Christmas; Joe begins his own 41-month sentence in March—but they are planning to make the most of it. As Joe recently told E! News, "We'll be spending a lot of time in the bedroom."

'SHE GETS LIMITED PHONE CALLS. THAT ISN'T ENOUGH WHEN YOU'RE A MOM TRYING TO TALK TO YOUR KIDS' *—SOURCE*



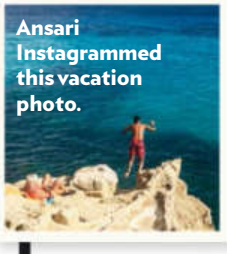
WORD ASSOCIATION WITH AZIZ ANSARI

ANSARI WILL DISCUSS HIS NEW NETFLIX SERIES ***MASTER OF NONE*** (PREMIERING NOV. 6) AT ***ENTERTAINMENT WEEKLY***'S FIRST-EVER EW FEST ON OCT. 24 IN N.Y.C. (SEE EW FEST PROGRAMMING AND BUY TICKETS AT WWW.EW.COM/EWFEST)

Pet Peeve
Toothpaste from the top. I don't understand people who squeeze toothpaste from the top. They're so wasteful. My girlfriend's a top-squeezer. It's tough!



Parents
Love. They acted on my show. There's not a ton of older Indian people that are out there in the acting game, so I wrote these characters kind of based on my parents. I couldn't find anyone who really felt like my parents, so I got my parents to do it.



Ansari Instagrammed this vacation photo.

Favorite
Italy. I was just there. That's one of my favorite places to be. I ate a lot of pasta and went swimming.

Hollywood
Ugh. I like living in New York and not being in that whole scene. That just makes me think of red carpets and phony stuff.

Fame
Good and bad. The good part is people give you free shoes and things like that. The bad part is strangers will film you on their iPhone while you eat a burrito.

Worst
The Internet. I can't get work done because I just get on the Internet and read dumb s---.

—JEFF NELSON

(ANSARI) LAURA CAVANAUGH/FILMMAGIC; (TOOTHPASTE) KENNETH C. ZIRKEL/GETTY IMAGES

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MEET HOLLYWOOD'S YOUNGEST SCENE STEALERS!

GET TO KNOW THE KIDS BEHIND SOME OF THE MOST POWERFUL PERFORMANCES IN THIS YEAR'S BIGGEST FILMS —**JODI GUGLIELMI**





Tremblay with Larson.

Jacob Tremblay, 9
Room

Jacob Tremblay may be only 9 years old, but his heart-wrenching portrayal of a boy held captive with his mother (Brie Larson) in *Room* (out Oct. 16) won the film a People's Choice Award at the 2015 Toronto International Film Festival and is garnering some serious Oscar buzz. Despite the film's dark theme, the Vancouver native's memories from his time on the set are of fun moments like his birthday party (he wore a Spider-Man costume) and playing checkers with Larson. As for his newfound success, Tremblay is enjoying the perks. Asked to name a recent favorite moment, he didn't hesitate: "I met Loki!" he said, referring to actor Tom Hiddleston. "But I already got my Iron Man [costume] for Halloween."





Attah (in the foreground) plays a child soldier.

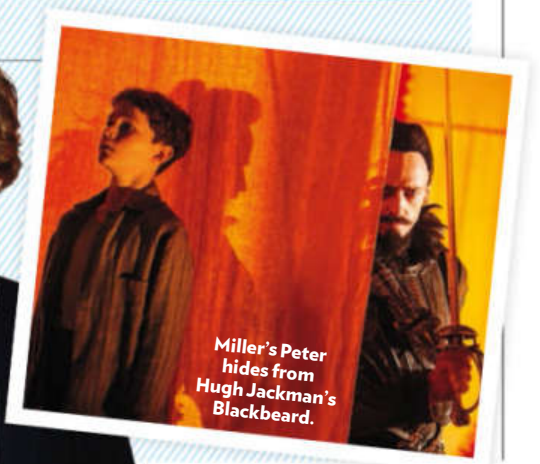
Abraham Attah, 14
Beasts of No Nation

Having taken home the Marcello Mastroianni's Best Young Actor Award at the 2015 Venice Film Festival, Abraham Attah is already making waves in the film industry thanks to *Beasts of No Nation* (on Netflix Oct. 16). Playing a child soldier fighting in a West African civil war, the soccer lover—who was discovered in his home country of Ghana while playing the sport—admits to being intimidated by his experienced costar Idris Elba. "At first I was afraid of him," he said. But after a few days and a couple of goals, they became fast friends: "He played football with us, so it became normal for me to work with him."

Levi Miller, 13
Pan

Levi Miller knew he had some big shoes to fill when he took on the lead role in *Pan* (in theaters now), which tells the story of how Peter Pan goes from orphan to Neverland's resident pirate fighter. "I'd seen *Hook*, and I read the book," he said. "This was a dream come true." And while he does fly though the air—doing most of his own stunts, he's quick to point out!—the 13-year-old Australian native didn't have to put on a pair of tights to play Peter Pan. "I wore big trousers. I think it was a good thing," he said with a laugh. "Maybe eventually Peter Pan will get his tights."





Miller's Peter hides from Hugh Jackman's Blackbeard.

CLOCKWISE FROM TOP RIGHT: VIVIEN KILLILEA/GETTY IMAGES; NETFLIX; LAURIE SPARHAM/WARNER BROS.; ELI WINSTON/EVERETT; GEORGE KRAYCHYK/A24; COLIN WAY/THE NEW YORK TIMES/REDUX



ONE to WATCH

RACHEL BLOOM

Born and raised in Manhattan Beach, Calif., Bloom always felt more at home in the *other* Manhattan. "We were neurotic Jews living a mile from the beach," says the *Crazy Ex-Girlfriend* cocreator and star, 28. "I was a dark kid who loved theater. That didn't really fit in with the popular girls who went surfing every weekend." But Bloom's life changed in eighth grade, thanks to a musical theater class. "I started getting the leads and people started respecting me for my talent."
—PATRICK GOMEZ

CATCHING UP WITH...

JIMMY KIMMEL



***Jimmy Kimmel Live* heads to Brooklyn for a week of shows starting Monday, Oct. 19 at 11:35 p.m. ET on ABC.**

You're taking your show on the road. Excited to return home to Brooklyn?
The difficulty for me will be not eating 100 different slices of pizza. I really, really love pizza, and there are so many great places there. I really have to give it a lot of thought before I leave L.A. I'm making a plan of where to eat lunch and dinner every day.

Any fun guests lined up?
I'm excited about Bill Murray and Howard Stern. They've been influential throughout my career. And Jay Z is always fantastic. I'm also going to be ballet dancing with Misty Copeland. I'll be prepping for that with pizza. The same way I prep for everything.

So what's really being said during the small talk before a commercial break?
It varies. It's just a comment or two—and it depends on who the guest is—but it's usually something profane.

So, after all of these years in L.A., have you lost your New York edge?
I hope so! According to everyone around me I haven't. I'm trying, but it's not working.

Your youngest daughter, Jane, with wife Molly, recently turned 1. Any new milestones?
It's really great. She adds more than a little bit of joy to each day. She's now wearing hats a lot, and it's funny. She'll put one on and just wear it for nine hours in a row.

You're a big sports fan. Have you gotten into fantasy football?
I'm a football fan, but I'm too busy for anything fantasy-related. I don't even have time for sexual fantasies!
—JANINE RAYFORD RUBENSTEIN



3 TRUTHS & 1 LIE

UNA VEZ MAS SINGER RITA MORENO, 83, WILL SPEAK AT FESTIVAL PEOPLE EN ESPANOL (Oct. 17-18 in N.Y.C.).
—JEFF NELSON

1. **She's a big Lady Gaga fan.** *"She's remarkable. When that woman sang that medley at the Oscars? What a voice! She can do Broadway any day. I'm perplexed by her costumes, but I'm wild about her."*

2. **Her EGOT (Emmy, Grammy, Oscar and Tony) wins give her millennial street cred.** *"[My grandsons] think I'm very cool and brag about me. They'll say, 'You don't know who she is?!'"*

3. **She used to keep her awards in a box in the closet.** *"First I thought, 'It just seems show-off-y.' But my husband said, 'Rita, you earned these.' So that's when I took them out. It's a big shelf."* [laughs]

4. **She'll retire in December after receiving her Kennedy Center Honors.** *"What is there left to do?"*

THE LIE

4. "I've been asked, 'What's left?' My new answer is: I'm working on the Nobel Peace Prize." [laughs]

CLOCKWISE FROM TOP LEFT: MAARTEN DE BOER/CONTOUR BY GETTY IMAGES; RANDY HOLMES/ABC/GETTY IMAGES; CHRISTOPHER POLK/NBCU PHOTO BANK/GETTY IMAGES

Why I *Care*

PERSONAL STORIES ABOUT GIVING BACK



JULIA ROBERTS

'Treat others as you want to be treated'

THE STAR, 47, AND MOM OF 3, SUPPORTS GLSEN—THE GAY, LESBIAN & STRAIGHT EDUCATION NETWORK—TO HELP MAKE SCHOOLS SAFE FOR *ALL* KIDS

I first heard about GLSEN when a friend called a few years ago and said George Clooney had auctioned off a lunch to raise money for their event, and I said, "Yes, of course I would do the same. I hope you make a dollar!" Later I got to meet so many of the kids who are in GLSEN's programs, which go from kindergarten through high school. When I was a teenager, I couldn't put two sentences together in front of people I didn't know well, but they had such a strong sense of who they are. If you're bullied for your sexual identity—or if you are agonizingly shy or have learning challenges or whatever the differences—it's the same idea of not being heard, not being seen or not being accepted. For people who really struggle, if you would just give them one little moment of your time and let them explain who they are, it's such a tiny, graceful thing to offer anyone. When they get that, then the sky's the limit. When a person like Caitlyn Jenner shares her story, she is educating people about her truth. When you're open that way, it helps people who don't necessarily know anyone like her to be accepting, and that creates channels for others to find courage to say, "This is how I feel." Ignorance is the root of any kind of discrimination and hatred, and what's so great about GLSEN is that it's about education. I'm so proud it exists for kids—and for my kids—as they're growing up. It really reinforces faith in humanity when you can be with people who have struggled and have stood by their convictions and who have a big smile on their face. It's kind of a contagious feeling of how wonderful the world can be.



The star, who was honored with GLSEN's Humanitarian Award last year (above), and husband Danny Moder are cochairs of the RESPECT Awards in L.A. on Oct. 23.

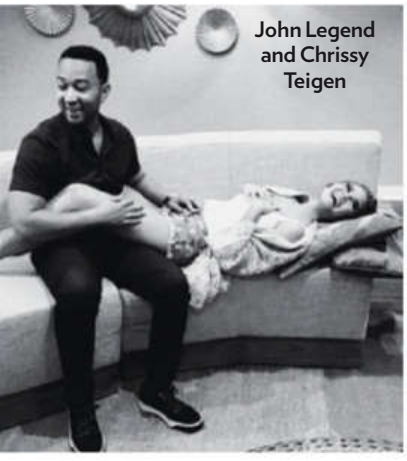
–REPORTED BY LIZ McNEIL

For more information, go to **glsen.org**

MANAGEMENT-ARTISTS-SYNDICATION; INSET: JASON MERRITT/GETTY IMAGES


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I PULL MYSELF UP
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passages



John Legend and Chrissy Teigen

BABY NEWS

John Legend, 36, and wife **Chrissy Teigen,** 29, are expecting their first child, they announced on Instagram. "It hasn't been easy, but we kept trying because we can't wait to bring our first child into the world," wrote Teigen, who recently opened up about their fertility issues. ● **Hugh Grant,** 55, and girlfriend **Anna Eberstein** are expecting their second child together. ● *Suffragette*'s **Carey Mulligan,** 30, and husband Mumford & Sons frontman **Marcus Mumford,** 28, revealed on Oct. 2 that they welcomed their first child—a baby girl—in September.

WEDDING

Flash actor **Victor Garber,** 66, and his partner of 16 years, model and artist **Rainer Andreesen,** 52, eloped to Tofino, B.C., on Oct. 10.

ARRESTS

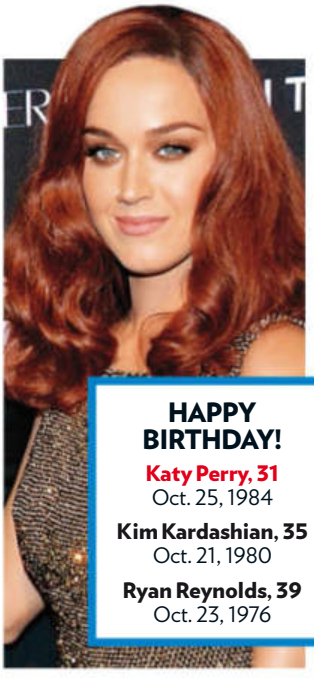
Randy Quaid, 65, and wife **Evi,** 52, are being held on $500,000 bond after being arrested trying to enter Vermont from Canada on Oct. 9. The Quaids—who face extradition to California, where they are wanted on outstanding warrants—fled to Canada in 2010 amid legal issues that included a felony vandalism charge. Evi has pleaded not guilty; Randy had not entered a plea as of press time.

REVEALED

Selena Gomez, 23, told *Billboard* that she suffers from lupus and underwent chemotherapy earlier this year. ● YouTube star **Trevor Moran,** 17, told fans in a video post that he is gay. "I feel so open," he said. "I feel so happy."



Selena Gomez



HAPPY BIRTHDAY!

Katy Perry, 31
Oct. 25, 1984

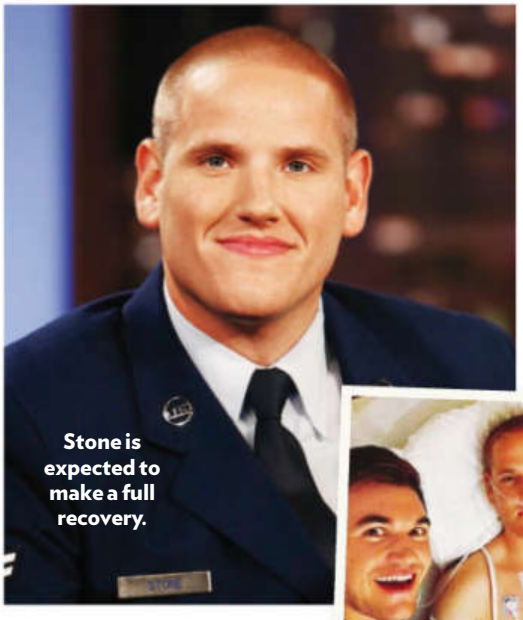
Kim Kardashian, 35
Oct. 21, 1980

Ryan Reynolds, 39
Oct. 23, 1976

DEATHS

Iconic Louisiana chef **Paul Prudhomme**—who helped popularize Cajun and Creole cuisine—died on Oct. 8 in New Orleans at the age of 75.

By Jessica Fecteau



Stone is expected to make a full recovery.



French Train Hero Recovering After Unrelated Attack

Spencer Stone—one of the three men who heroically helped prevent a terror attack on a Paris-bound train in August—was seriously injured after being stabbed several times near a bar in Sacramento on Oct. 8. The U.S. airman, 23, who has been upgraded to stable condition, sustained "non-life-threatening but very significant injuries," according to Deputy Chief Ken Bernard of the Sacramento Police Department. A witness told *People* that Stone was defending a woman at the time of the attack; surveillance video of the incident shows him fighting three men. (As of press time, no arrests had been made.) On Oct. 10, Stone's fellow train hero and longtime friend Alek Skarlatos, 23, took time away from his *Dancing with the Stars* schedule to visit him at UC Davis Medical Center. During the visit the two friends posed for a selfie together (left), which Skarlatos posted to Instagram with the caption "Saw the hero today." This is Stone's second serious injury in as many months. While attempting to subdue terror suspect Ayoub El-Khazzani, he was stabbed with a box cutter and needed surgery to reattach part of his hand. –**CHRISTINA DUGAN**

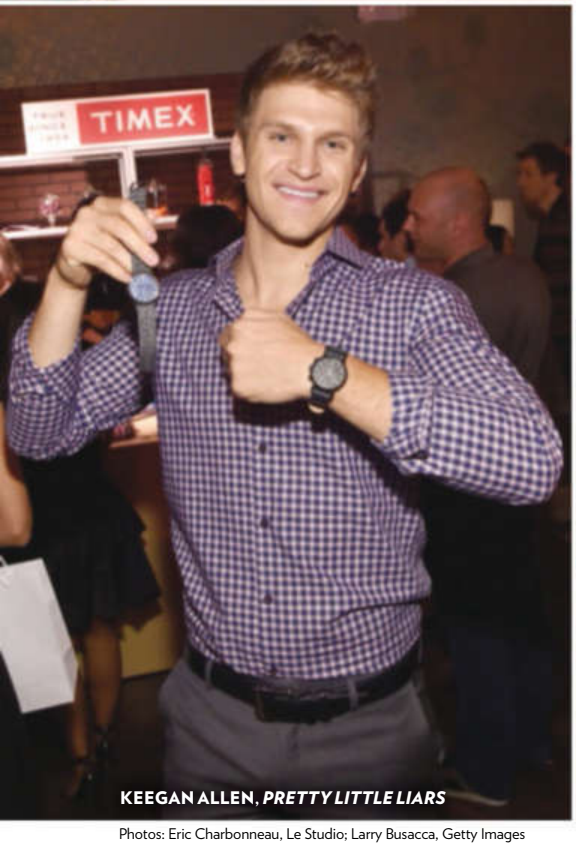
(PERRY) HENRY LAMB/PHOTOWIRE/REX SHUTTERSTOCK; (GOMEZ) JOHN PHILLIPS/GETTY IMAGES; (STONE) RANDY HOLMES/ABC/GETTY IMAGES

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KEEGAN ALLEN, *PRETTY LITTLE LIARS*



DJ MICHELLE PESCE TAKES A SELFIE AT THE MAYBELLINE NEW YORK BEAUTY EMPORIUM

People EVENTS

ONES TO WATCH PARTY

YSABEL, WEST HOLLYWOOD, CA SEPTEMBER 16, 2015

PEOPLE celebrated the industry's brightest breakout stars at its third annual Ones to Watch event. The crowd indulged in products at the Maybelline New York Beauty Emporium and took photos at a chic selfie station. Guests also enjoyed customizing their own timepieces at the Timex Wrist Candy Bar.



TIMEX WATCH DISPLAY



JD HEYMAN, DEPUTY EDITOR, PEOPLE; HONOREES TORI KELLY AND KELSEA BALLERINI; KAREN KOVACS, GROUP PUBLISHER, PEOPLE

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People picks

EDITED BY **TOM GLIATTO**

FOR ADDITIONAL REVIEWS OF MOVIES, TV SHOWS, MUSIC AND BOOKS, GO TO **PEOPLE.COM/PICKS**

A DOZEN COOL THINGS TO SEE, HEAR, READ AND DOWNLOAD THIS WEEK



Breathing *Room*: Tremblay and Larson lie under a new sky.

GEORGE KRAYCHYK/A24

No. 1 Room

Of all the important, buzzy films this season, this is the one you won't be able to shake

MOVIE **DRAMA** The shed where 5-year-old Jack (Jacob Tremblay) lives is his whole world—he's never been anywhere else. He and Ma (Brie Larson) are the victims of a kidnapper who took her seven years prior. (You can do the ugly math.) But what makes *Room,* based on screenwriter Emma Donoghue's novel, so extraordinary is what happens after Jack and Ma escape. Director Lenny Abrahamson conveys the shock and awe of the new world Ma faces—one Jack has never seen. The actors are flat-out Oscar-worthy in their naturalistic turns, delivering an honesty that underscores the film's horror, and its beauty. It's an essential work of cinema, but do bring tissues. Once *Room* finds its way in, it will stay. *(Oct. 16/R)*

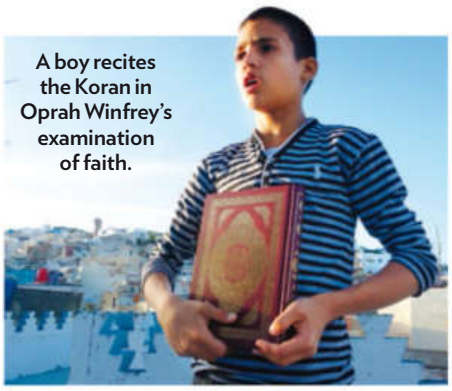


Hanks feels the chill of the Cold War on this *Bridge*.

No. 2 Bridge of Spies

Tom Hanks as yet another class act.

MOVIE **DRAMA** Once shots are fired, most lawyers might conclude they've done enough for their client. But James B. Donovan (Hanks) is a Cold War Atticus Finch who considers it his patriotic duty to defend accused spy Rudolf Abel (Broadway's Mark Rylance). Based on real events, with a wry, canny script and directed by Steven Spielberg, *Spies* sends Donovan to the Supreme Court and behind the Berlin Wall to play a dangerous game of diplomatic chess. Hanks and Rylance are drily funny and sympathetic, and the action never loses momentum. That's why gems like this are called "prestige pictures." *(Oct. 16/PG-13)*



A boy recites the Koran in Oprah Winfrey's examination of faith.

No. 3 Belief

TV **DOCUMENTARY** It's no secret that Oprah is fascinated by spirituality—and in this new seven-part documentary series, the mogul takes an in-depth look at how religion shapes our minds, bodies and politics. Narrated by Winfrey and gorgeously filmed, *Belief* looks at the devout around the world—including American evangelical Christians, a 13-year-old Hungarian Jew and an Aborigine elder—as they search for enlightenment in changing times. *(OWN, Oct. 18-24, 8 p.m.)*

No. 4 Pentatonix, *Pentatonix*

MUSIC **POP** The *Sing-Off* alums wowed with pitch-perfect medleys and mash-ups—from Britney Spears to Daft Punk—before the Barden Bellas made a capella cool again. They've released five chart-topping sets, but this LP is their first original effort. Sunny cuts like the infectious, infatuation-fueled "Can't Sleep Love" will have you singing along with it as if you were in their glee club.



CLOCKWISE FROM TOP: JAAP BUITENDIJK/DREAMWORKS/TWENTIETH CENTURY FOX; JUCO; HARPO, INC.

ALL-NEW

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People picks

No. 5 The Knick

TV **DRAMA** The turn-of-the-last-century medical drama ended its first season with Dr. John Thackery (Clive Owen) being prescribed heroin as a way to kick his cocaine habit. That's fitting, since the drama is ramping up inside Knickerbocker Hospital in season 2. This time out, plots abound to replace Thack, who remains in treatment, as chief of surgery. *(Cinemax, Oct. 16, 10 p.m.)*



Thack (Owen) operates under the influence.



Gunning for Oscar? Elba as the Commandant.

No. 6 Beasts of No Nation

Idris Elba goes to war for child soldiers

NETFLIX **DRAMA** How does one turn a sweet boy into a child soldier? It isn't hard, *Beasts* suggests, if you are brutal enough. The Commandant (Elba), head of a raggedy militia fighting for who-knows-what, is more than willing to be. The unnamed officer's macho charm appeals to young Agu (terrific newcomer Abraham Attah), adrift after losing his father and brother. But this is no fairy tale. *Beasts* is tough to sit through but worth it for Elba's raw turn. This could be his Oscar shot. (*Oct. 16/Unrated*)



Schumer, 34, is at the top of her game onstage in New York City.

No. 7 Amy Schumer: Live at the Apollo

TV **COMEDY** Fans already love Schumer *Inside* and out—thanks to her Emmy-winning Comedy Central show. But now, freed from pesky FCC regulations, the comedian is as crass as she wants to be on her new stand-up special. From sexist double standards in Hollywood to her health (gynecological and otherwise), no subject is too cringe-inducing or taboo to escape Schumer's social commentary. *(HBO, Oct. 17, 10 p.m.)*



Blanchett and Redford try to make news.

No. 8 Truth

MOVIE **DRAMA** The report that forced Dan Rather (Robert Redford) out at CBS gets a fresh airing in *Truth*. It isn't really Rather's story, though, but that of news producer Mary Mapes (Cate Blanchett), who digs in for a fight when she tosses mud on President George W. Bush's service record. It's a compelling story, and the performances brim with (to use Rather's word) courage. *(Oct. 16/R)*

CLOCKWISE FROM TOP RIGHT: NETFLIX; LISA TOMASETTI/SONY PICTURES CLASSICS; CRAIG BLANKENHORN/HBO; MARY CYBULSKI/CINEMAX


boo la la
Halloween gets a spot at
the dinner table with beef stew
with mashed potato ghosts
target.com/recipes
+
+
#targetrun

No. 9 Demi Lovato, *Confident*

MUSIC **POP** It's clear from the opening title track's heralding trumpets (à la the *Rocky* theme) that Lovato is eyeing chart domination—and start to finish, her fifth LP is a pop culture K.O. She owns her sexy, take-charge image on flirty single "Cool for the Summer." But it's Lovato's dynamite vocals and striking vulnerability on aching ballads ("Stone Cold," "Father") and gospel anthems ("Yes") that make *Confident* such a triumph.



No. 10 Crimson Peak

Old-school romantic horror gets a delightful, sumptuous (and bloody) revival

MOVIE **FANTASY** It's fun to visit the world in director Guillermo del Toro's head, but it's far too spooky to live there. *Peak* lets him scratch his gothic-horror itch, with naive Edith Cushing (Mia Wasikowska) falling under the sway of Sharpe siblings Thomas (Tom Hiddleston) and Lucille (Jessica Chastain). Something is off about those Sharpes, but we're too entranced by the clothes and set design to say what. Surely the ghosts will tell. There are scares aplenty on this *Peak,* but laughs, too. Take a friend. *(Oct. 16/R)*



Hiddleston and Wasikowska add a playful light to the film's darkness.

No. 11 My Fair Lady

DVD **MUSICAL** If Eliza Doolittle (Audrey Hepburn) looks a little spiffier in her to-die-for Ascot ensemble alongside Rex Harrison's natty Henry Higgins, thank the $1 million spent restoring this classic for its 50th anniversary. There are a couple of ways to celebrate: Pick up the Blu-ray with 90 minutes of rarely seen archive material, or make a night of it, with screenings in theaters nationwide. *(In theaters Oct. 18, on sale Oct. 27/G)*



CLOCKWISE FROM TOP RIGHT: KERY HAYES/UNIVERSAL PICTURES; KOBAL; YU TSAI

YOUR FRIENDS AREN'T YOUR FRIENDS WHEN THEY'RE HUNGRY.

OMG, STOP BEING



YOU'RE HUNGRY.

WAKEY WAKEY,



YOU'RE HUNGRY.

HELLOOOOOOO,



YOU'RE HUNGRY.

EARTH TO



YOU'RE HUNGRY.

WELL, EXCUSE ME,



YOU'RE HUNGRY.

DON'T BE THAT GUY,



YOU'RE HUNGRY.

KNOCK KNOCK,



YOU'RE HUNGRY.

TAKE IT DOWN A NOTCH,



YOU'RE HUNGRY.

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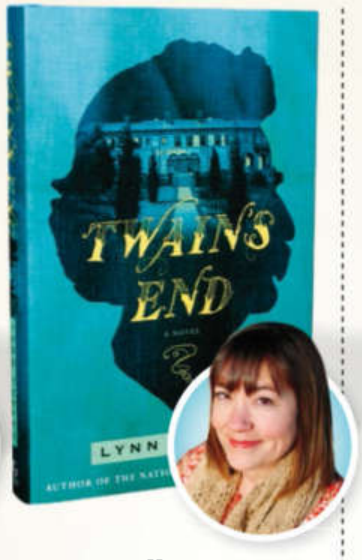
CALL THEM OUT WITH A SNICKERS HUNGER BAR.

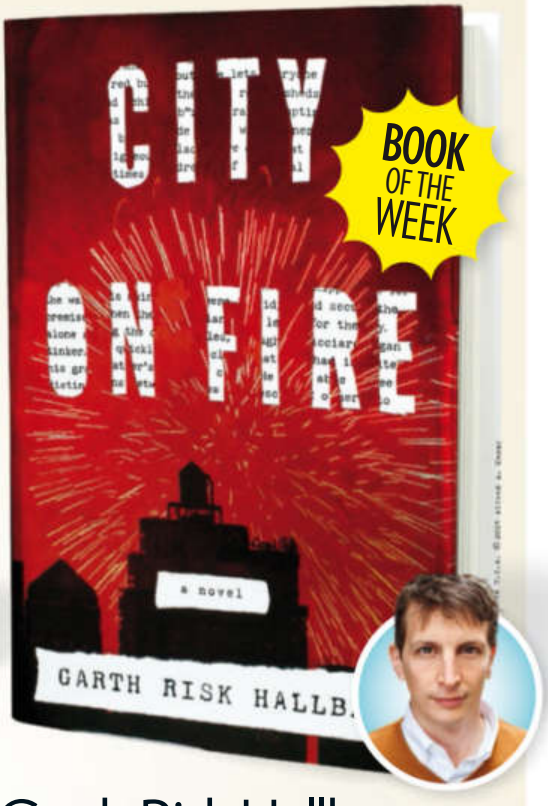
SNICKERS

No. 12 The Best New Books

A bold, ambitious take on 1970s New York City, a novel about Mark Twain's love life and a petite treat from the South of France EDITED BY **KIM HUBBARD**







Peter Mayle *The Diamond Caper*

NOVEL The plot of this little cream puff of a novel is almost nonexistent—there's a socialite, some stolen jewels and a reunion between old friends. But Mayle delivers splendidly on his specialty: transporting readers to the South of France to experience the vicarious, privileged pleasures of a sun-kissed life on the Côte d'Azur.

Lynn Cullen *Twain's End*

NOVEL In her involving new book Cullen (*Mrs. Poe*) reimagines the relationship between Mark Twain and his longtime secretary Isabel Lyon. After his wife's death the two embark on an intimate yet unconsummated affair as Lyon seeks to cement her place in the author's life. A tender evocation of a vain, complicated man's twilight years and a last chance at love.

Garth Risk Hallberg *City on Fire*

NOVEL New York City in the 1970s comes pulsingly alive in this ambitious—and lengthy—debut novel centered on the Central Park shooting of a college coed. In prose that's often spectacular, Hallberg entwines the stories of a large cast of characters to illuminate the era—in all its crime-ridden, punk-rock-driven, churning, graffitied glory. Though pruning would have strengthened the narrative, the book clearly reflects the work of an exciting new talent.

INSETS, FROM LEFT: BETINA LA PLANTE; PARKER CLAYTON SMITH; MARK VESSEY; BOOKS: PETER ZAMBOURIS(4)

NEW IN NONFICTION

The Editors of Entertainment Weekly
The Must List
From our colleagues at *EW*, a smart compilation of the best movies, TV shows, albums and books from the last quarter century.

John Seabrook
The Song Machine
A fascinating look at how the catchiest pop hits are manufactured and why they get under our skin. You'll never hear Katy Perry the same way again.

Liz Goldwyn
Sporting Guide
The filmmaker daughter of Samuel Goldwyn Jr. combines stories with vintage photos in this intriguing re-creation of an 1890s guidebook to L.A.'s brothels.



CONTRIBUTORS BOOKS Lisa Greissinger, Robin Micheli MOVIES Alynda Wheat MUSIC Jeff Nelson TV Patrick Gomez



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AT HOME WITH CARRIE UNDERWOOD

What I'm Learning as a Mom



In her cozy Tennessee cabin, the *Storyteller* singer talks about motherhood, music, 'taking stock' of her marriage and conquering her body issues

By Michelle Tauber

Photographs by Joe Pugliese



HAIR & MAKEUP: MELISSA SCHLEICHER; STYLIST: EMMA TRASK/OPUS BEAUTY; MANICURIST: LINDA BOUN; PROP STYLIST: ANNA WEBB; (LEFT) SHIRT: GENERATION LOVE. EARRINGS: SWAROVSKI; (RIGHT) ROMPER: SAYLOR; BELT: LANVIN; BOOTS: GREYMER. INSET: COURTESY CARRIE UNDERWOOD

Down Home
"If we could keep having babies like Isaiah, we'd probably have quite a few!" says Underwood (photographed for *People* at her Tennessee cabin). Inset: husband Mike and Isaiah.



Her Evolving Sound "It has a fresh twang," Underwood (with Ace and Penny) says of *Storyteller*, out Oct. 23.

Carrie Underwood was facing some tough mom math recently as she prepared to leave Nashville for a London music festival: For five days she would be more than 4,000 miles from her 7-month-old son Isaiah. And the 2.5 oz. of breast milk she gets after 30 minutes of pumping isn't enough for even one feeding. "My supply is pretty nil," she says over the noisy whir of the pump. "We have to supplement with formula. I'm doing the best that I can, you know?" But like a lot of moms, she worries that her best isn't good enough. That if she had more milk, she'd be doing even better. That she shouldn't leave Isaiah for so long. "You feel guilty about every single thing, every decision you make, everything you do," she says of motherhood. "Mom guilt is real!"

The Grammy-winning superstar, 32, always so precise and controlled onstage, says she's more "loosey-goosey" than she ever thought she'd be as a mom, offering Isaiah's flexible nap schedule as an example. But she's still a box-checker who half jokes that she wears as many as four activity trackers at one time. In person she's aware that she can come across as aloof, explaining why she didn't immediately greet everyone when she arrived for a photo shoot at the woodsy Nashville-area weekend cabin she shares with her husband of five years, NHL star Mike Fisher, and their son. Having experienced panic attacks in the past, "I still deal with those feelings," she says. Of the bustling scene at the cabin, where dog bowls rest on the floor and religious decor ("Nothing but the Blood of Jesus" [Romans 3:25]) occupies the countertops, she adds, "Today when I came in, saw that there were a lot of people in my space.... I still get totally nervous in group situations. I don't always know what to say." Asked if she ever wanted her own friend squad like Taylor Swift, she replies, "What's 'squad'? My friends are normal people—one's a baker and the other is a stay-at-home mom."

'Your marriage does change a lot when you have a baby. It's a whole new dynamic'

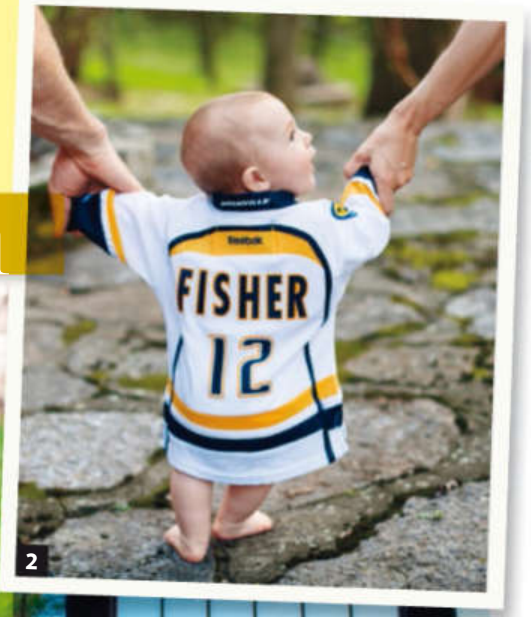
It took Underwood 10 years to sing her first "bona fide" love songs, as she describes two of the tracks on her new album, *Storyteller*. The youngest of three daughters raised by sawmill worker Stephen and schoolteacher Carole in Checotah, Okla., she turns up her nose at frilly romance—she'd rather Fisher change the bathroom lightbulb than buy her flowers—and says she feels "ridiculous" and "formal" saying the word "nanny." (She has someone who helps part-time.) And no, motherhood hasn't softened her farm-reared pragmatism. "I feel like everybody expected me to have an album full of 13 mommy-and-me tracks," she says of *Storyteller*. "Like, everything would be sentimental and mushy. I'm still me, and this is just another layer."

On the album's most personal track, "What I Never Knew I Always Wanted," she sings that she "wasn't waiting for a prince to come into my life," and admits, "I never pictured myself singing lullabies." A content dog mom to pups Penny and Ace, she had never yearned for marriage and motherhood and still marvels at how comfortably she has slipped into both. "I never dreamt of my wedding day and the perfect guy," she says. "Then I met Mike, and I was like, 'Wow, so now I know what

CLOCKWISE FROM TOP RIGHT: HEATHER POHLMAN. COURTESY MIKE FISHER. COURTESY CARRIE UNDERWOOD(3). HEATHER POHLMAN. COURTESY MIKE FISHER. HEATHER POHLMAN

CARRIE'S Family Album

















1. Isaiah takes a turn at a baby piano. "Right now he's such a blank canvas," says Underwood. **2.** Wearing his dad's hockey jersey. "I don't think Mike would be like, 'We failed!' if he doesn't play hockey." **3.** A quiet snuggle at home. **4.** Mike (with Isaiah) "is a great dad. My trust in him has only gotten deeper." **5.** With Isaiah on a rare getaway. "I want to take him to Disney World when he's 5," she says. **6.** Reading time. **7.** "I feel better when I get exercise in." **8.** Playtime in a mask. "We want him to have a good, hardworking heart."

I was missing.' And the same with my son. I was never like, 'I want kids so bad.' And now that I have Isaiah in my life, I'm like, 'What did I do before?'"

She feels like she has gotten down the day-to-day routine, singing what she calls "stupid songs" to distract Isaiah while she's changing his diaper and reading children's Bible stories to him at bedtime with Mike, 35. Proud of her Christian faith, she is on the record as a supporter of gay marriage and says she and Mike plan to teach Isaiah to "have a loving heart toward people who are different. Mike and I talk about teaching him how to approach everybody in a loving way, even if they're not the same, and to try to say, 'You know what? God loves them, so it should be my job to do my best to love them as well.'"

She admits that work-life balance is still a challenge. Mike's season with the Nashville Predators is kicking off, and she's prepping for her eighth gig as cohost of the CMA Awards with Brad Paisley on Nov. 4—along with promoting *Storyteller* and her new athletic clothing line, Calia by Carrie Underwood. "When my worlds collide and there's so much to do, it can be pretty overwhelming," she says. "Like, how can I be Carrie Underwood, Carrie and Mom? I'll probably be figuring that out for the rest of my life."

When it comes to another struggle women fight—body acceptance—Underwood has found equilibrium. She admits that when she won *American Idol* 10 years ago, she wasn't happy with how she looked. "I knew that I weighed more than I had ever weighed before," she says. "But then as soon as you start making little tweaks, people immediately go, 'You look so great!' Then you start wondering, 'How bad did I look before?' Then it's like, 'Well, I guess I should keep on going.' Then you start eating less." She also used weight-loss supplements. "I was taking things with ephedra in it," she says. "It wasn't the best way."

Asked if she ever felt like she had a problem, she answers, "No, because none of it was intentional, you know? I wasn't eating enough calories, but it

Her Next Chapter Underwood (at home) is set to kick off a tour next year. Inset: performing in London in September.



wasn't because I was trying to starve myself. I just didn't know how many calories I should be eating." And exercise was an afterthought: "I'd do 20 minutes on the elliptical and think I was doing awesome."

Today, she says, "I weigh more than I did when I was at my smallest, but I have a lot more muscle tone." A strict vegan (she hasn't eaten meat in more than 20 years), she works out daily. Her post-baby body is different, and she's okay with that. "I feel like my bum's a little nicer than it used to be," she says. There's also the abdominal tattoo that doesn't *quite* line up after her C-section. "It's not really a four-leaf clover anymore, it's a multi-leaf. It doesn't match up with the top!"

'I don't feel a need to rebel. There's no dark side to me that is going to come out'

Looking ahead, she and Mike want more kids ("I would love to have a girl"), but for now they're focused on Isaiah. Of recent high-profile breakups like friends Miranda Lambert and Blake Shelton, she says, "It makes you want to take stock of your own marriage. Like, 'What do you need? Are you happy? What can I do to make things better?' " Asked if she has learned anything from her parents' 47-year marriage, she takes a long pause. For better or for worse? "There you go," she says cautiously. "My parents are great, hardworking people, and they made sure we had everything we needed. They have their way of doing things, some of which I would emulate and some not. I mean, that's everybody, right?"

Yes, there are plenty more things to figure out and even more opportunities for mom guilt. But she's still Carrie too. "I don't want to lose myself in being a mom," she says, confessing that she's a *little* excited about the London trip. "I'm probably going to sleep awesome," she says. "I may have more than a glass of wine. That might happen." ●

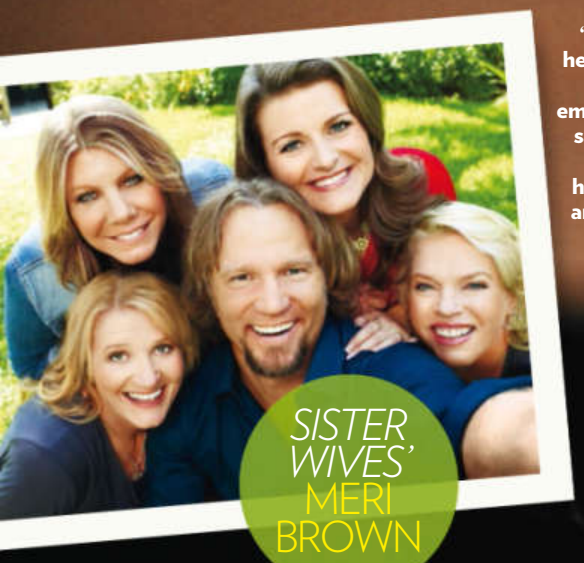
TOP: GENERATION LOVE; SHORTS: MOLLY BRACKEN; EARRINGS: SWAROVSKI; BELT: G-STAR; INSET: DJ-AAD/STAR MAX

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"My family is helping me cope with the embarrassment," says Meri (top left) with husband Kody and (clockwise from left) sister wives Christine, Robyn and Janelle.

SISTER WIVES' MERI BROWN

How I Got Catfished—by a Woman

THE POLYGAMIST REALITY STAR SAYS SHE WAS **TARGETED AND TRICKED** INTO AN ONLINE RELATIONSHIP

Meri Brown was having an existential crisis. As one of the four women married to Kody Brown—and sharing the experience of living a polygamous lifestyle on TLC's *Sister Wives*—she was facing a divorce from her husband. It was merely an arrangement on paper, to be sure, so that Kody could marry his fourth "wife," Robyn, and legally adopt her three children from a previous marriage and get them health insurance. But Meri couldn't help but be emotional. "My family and home dynamics had been changing in many ways," says Meri, the "first wife" ahead of Janelle, Christine and Robyn, and mom to one daughter.

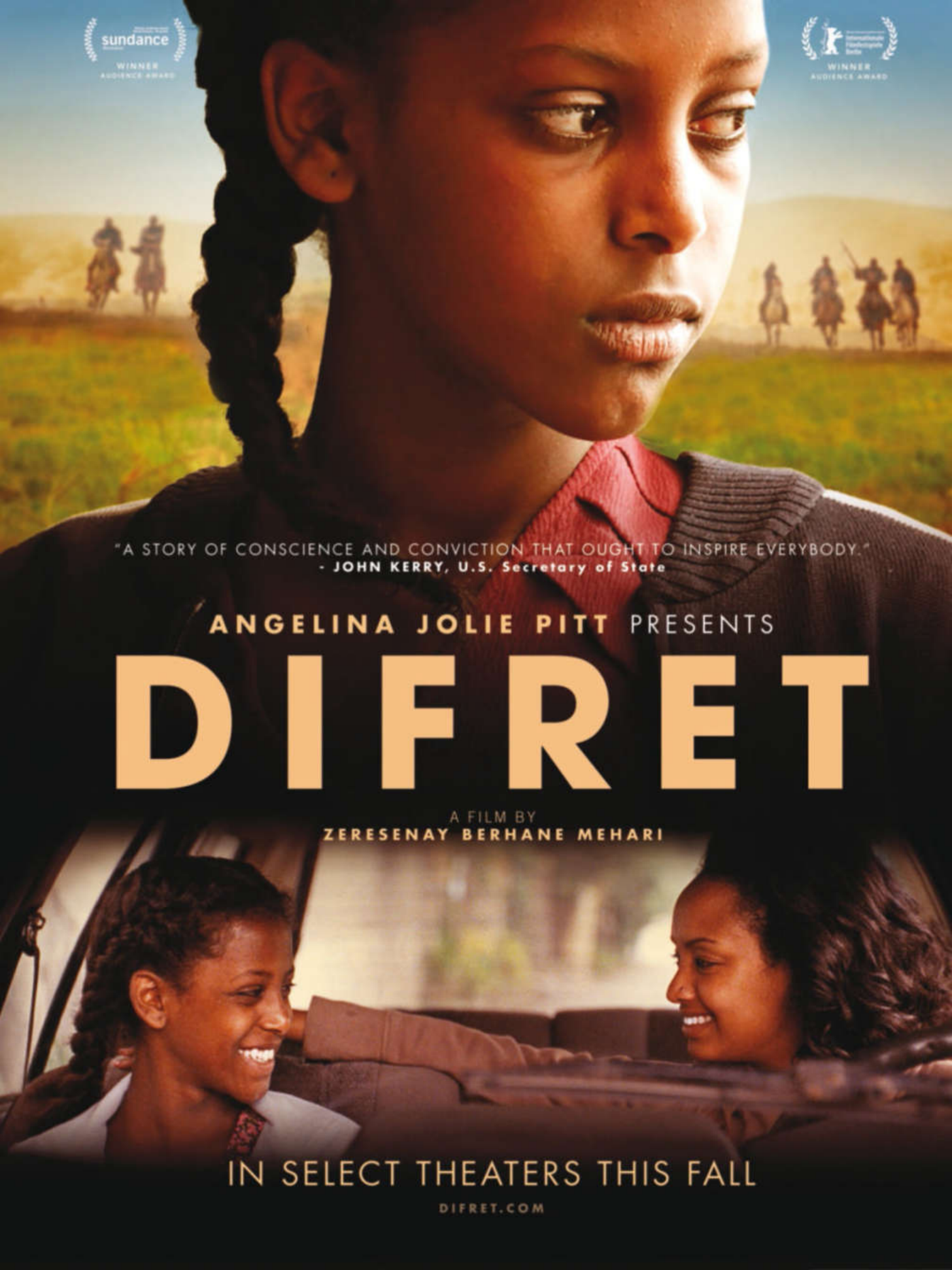
That's when Meri, 44, found herself in an even more bizarre situation. After a conversation with a fan turned into a full-blown online relationship with a man who identified himself as a Chicago businessman, Meri realized she had been "catfished." In truth, she had been having deeply personal conversations with—and developing feelings for—a middle-aged female imposter. "I became fearful as I became aware of the deception," she says. With the catfisher threatening to embarrass her publicly, Meri says, "I didn't know how to get out of the situation without putting myself, my family and friends at greater risk."

'Our family is holding strong together, as we always have and always will' —MERI BROWN

The threat to her family—including her "sister wives" and their combined 17 children, all of whom live on the same Las Vegas cul-de-sac—was "horrifying," she says. "I had a lot of anxiety." When she broke down and confessed to them all, "my family was very concerned for our safety and angry that we had been targeted," she says, adding that despite reports, the other wives never turned on her but have been "supportive," if perhaps "saddened that I had been so afraid of involving them sooner."

Now, with her family rallying around her, Meri says the experience has brought them even closer together. "It allowed us to have more open communication, and we have come together to deal with this head-on," she says. "They are all very supportive. We are moving forward dealing with the situation." —**EMILY STROHM**

DAVID BECKER/TLC; INSET: BRIAN BOWEN SMITH/TLC


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"Kate overwhelmed me in this," says her *Steve Jobs* costar Michael Stuhlbarg (left, with Michael Fassbender and Winslet). "She brings such power."

KATE WINSLET

My Life with a Teen, a Tween and a Toddler

WITH OSCAR BUZZ FOR HER ROLE IN *STEVE JOBS,* THE ACTRESS OPENS UP ABOUT WORK, MARRIAGE AND HELP FROM HER TEENAGE DAUGHTER

By **MARY GREEN**

Kate Winslet had been looking forward to her 40th birthday on Oct. 5 for months. "I'm definitely going to get to my 40th and feel I've earned it," she told *People* in March. So when the day finally rolled around, the mom of three kids ages 22 months to 15 years made the most of it—even welcoming two new family members, 6-month-old pot-bellied pigs Mabel and Socks. "I've got a really wonderful little family," she said in an interview on the set of *Live with Kelly and Michael* a few days after celebrating the milestone. "I'm very lucky."

The Oscar winner was planning to spend time with her kids and pigs and chickens at the coastal home in England she shares with husband Ned Rocknroll, but

GIAMPAOLO SGURA/TRUNK ARCHIVE; INSET: UNIVERSAL PICTURES

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The Settlement Provides an Enhanced Warranty, Safety Training, and a Cash Payment for Returned Pistols

The United States District Court for the Southern District of Florida authorized this notice.

Para una notificación en Español, visitar www.TaurusCarterSettlement.com

What's This About?

There is a proposed class action settlement about alleged safety defects in certain Taurus-branded pistols. This lawsuit alleges that Class Pistols (defined below) may unintentionally fire with the safety in the "on" or "safe" position, and may unintentionally fire when dropped or bumped. The Taurus Companies[1] ("Taurus") stand by the Class Pistols and deny all allegations of wrongdoing and liability.

Who's Included?

You may be a Settlement Class Member and have rights under this settlement if you are a resident or entity of the United States, Puerto Rico, U.S. Virgin Islands, or Guam and own one or more of the following Taurus-branded firearms on July 30, 2015: PT-111 Millennium; PT-132 Millennium; PT-138 Millennium; PT-140 Millennium; PT-145 Millennium; PT-745 Millennium; PT-609; PT-640; and PT-24/7 (the "Class Pistols").[2] The settlement doesn't include Taurus G2 model pistols.

What Does The Settlement Provide?

Settlement Class Members may return their Class Pistol to Taurus (with shipping paid by Taurus) and receive up to $200 per pistol, depending on the total number returned, not to exceed $30 million. The exact payment amount will be determined after the return deadline has passed and the exact number of returned Class Pistols is known. If you return your Class Pistol for a payment, it will not be returned to you even if the payment is less than you want.

Also, Taurus will provide a free, transferrable lifetime enhanced warranty that will allow owners to submit warranty claims at any time. Taurus will pay shipping and inspection costs, and will repair or replace the pistol as necessary. Taurus will also provide safety training to all Settlement Class Members. Taurus will pay for notice and administration, a class representative award of up to $15,000, and Class Counsels' attorneys' fees and costs up to $9 million, payable over 4 years.

How Do You Ask For A Payment?

You must submit a claim form and return your Class Pistol to receive a payment. Shipping is prepaid by Taurus. You can only submit a claim form *after* the settlement is finally approved and any appeals are concluded. This date is not yet known. You may register now through the website to get information about when you can submit a claim form. Visit the website to determine when you can submit a claim. If the Court approves the settlement and there are no appeals, the claims period will run from approximately February 24, 2016 until June 23, 2016.

What Are Your Other Options?

If you don't want to be bound by the settlement, you must exclude yourself by **December 14, 2015**, or you won't be able to sue, or continue to sue, Taurus about the legal claims in this case. If you exclude yourself, you can't get money from this settlement. You may object to this settlement by sending an objection by **December 14, 2015** and you may have to give a deposition. Objections and opt-outs will be public record, even if they contain the identity of Settlement Class Members. Detailed information is on the website. If you do nothing, you will still receive the lifetime enhanced warranty and safety training but will not receive a payment, and you will still be bound by the settlement.

Before money is paid, the Court will hold a Final Approval hearing on **January 20, 2016**, to consider whether to approve the settlement. You may attend the hearing, but you don't have to. The Court will also consider the request for attorneys' fees and costs and an incentive award. The motion for attorneys' fees, costs and awards will be on the website.

This is only a Summary. For detailed information, call toll-free 1-(844) 528-0180, or visit www.TaurusCarterSettlement.com, or write to Carter v. Forjas Taurus, c/o Heffler Claims Group, P.O. Box 230, Philadelphia, PA 19107-0230.

[1]The "Taurus Companies" means Forjas Taurus, S.A., Taurus Holdings, Inc. and Taurus International Manufacturing, Inc. The Taurus Companies are the Defendants in the class action lawsuit.
[2]The "PRO" series of each model is included.

www.TaurusCarterSettlement.com



so far her 40s are shaping up to be anything but quaintly quiet. Her role as real-life marketing executive Joanna Hoffman in the new biopic *Steve Jobs* is earning serious Oscar buzz, with critics praising the heart she brings opposite Michael Fassbender's portrayal of the Apple visionary. "The real Joanna is a very warm, quite funny woman," says Winslet, "who has a groundedness and an almost fearlessness that comes from a place of being confident and comfortable with who she is."

The same could be said for Winslet. "Kate is a wonderful partner on a film," says *Steve Jobs* director Danny Boyle. "She would just fix everything. She would organize everything—you know, extras, any kind of problem, even people crying." Adds her costar Seth Rogen: "She's hilarious and fun to hang out with. And she is not afraid to offer her input into a situation."

Winslet says she has grown into a caretaker on-set, especially now that she's a mom to kids Mia, 15, Joe, 11, and



THE ORIGINAL APPLE CREW
Hoffman (second from left) "was really the work wife of Steve Jobs," says Winslet. "She had his back, and he had hers."

CLOCKWISE FROM TOP LEFT: PIERRE VINET75/WINGNUT/FONTANA/THE KOBAL COLLECTION/WIREIMAGE; GLOBE PHOTOS/ZUMA; TYRONE SIU/REUTERS/LANDOV; NORMAN SEEFF



30s

"We were in a huge fire [at Richard Branson's house in '11] that changed my life," she says of meeting Rocknroll.

Bear, 22 months. "I don't go around sort of mothering everyone," she says, "but I make it my job to find out exactly what's going on all the time." If *Jobs* should lead to her seventh Oscar nomination, Winslet can count Mia (whose dad is Winslet's first husband, Jim Threapleton) among her key cheerleaders. "My 15-year-old, she's so wonderful," says the English star, in between texts to her daughter. "She helps, and not only that but I see sides of me now coming out in her. She is incredibly helpful to me as a woman and as a parent. I'll say to her, 'Mims, can you please have Bear for the next hour? I'm just gonna grab a shower and I've got a couple things I've got to do.' She's like, 'Yep, sure!' Children should play with each other, you know? And look after each other. That's really what we have, and it's very special."

Also providing support, of course, is Rocknroll, 37, the nephew of Virgin billionaire Richard Branson and her husband of nearly three years. Offered the *Jobs* role with short notice before shooting, the actress was filled with nerves at the thought of being on-set in San Francisco just a few weeks later. "I said to my husband, 'I can't! How am I going to do this?'" she recalls. "He was like, 'First of all, obviously we're going to San Francisco. Secondly, of course you can do it!'"

Just a Tony away from scoring the ultimate Hollywood awards coup of an EGOT (Emmy, Grammy, Oscar and Tony), she says, "I've prided myself on never having a goal, but I suppose now I've got one, haven't I? I would absolutely love to be on Broadway." As for finding the time, "I don't know how the hell I'll figure that out, but, like with *Steve Jobs*, where there's a will, there's a way."

With Phil Boucher in London







NORTH PORT HIGH SCHOOL
Former principal George Kenney (left), who resigned in 2011, hypnotized as many as 75 students.

SCHOOL SUICIDES

DEADLY HYPNOS

On the afternoon that Wesley McKinley died, his mother knew something wasn't right. The 16-year-old sophomore got off the school bus on April 8, 2011, and didn't acknowledge his mom as he walked right past her. "He was acting like a zombie; it was like he was in a trance," Peggy McKinley tells *People*. "I called my husband to tell him something was wrong. The next thing I knew, there were police officers at my door telling me that Wesley had killed himself in an empty house in the neighborhood."

Wesley's suicide stunned his classmates at Florida's North Port High School, who were still reeling from the sudden death of 16-year-old sophomore Marcus Freeman three weeks earlier. Marcus had acted strangely before the car he was driving skidded off the highway and hit a tree. But the tragedies were still not over. On May 4, 17-year-old senior Brittany Palumbo picked up some items at a pharmacy, calmly drove home—and hanged herself in her bedroom.

What seemed to be three unrelated tragedies became inextricably linked after the school's then principal, George Kenney, admitted to having hypnotized all three teens before they died. "The only thing these kids had in common was that they were hypnotized," says Marcus's father, Paul. "I don't think he did it maliciously, but I do think it had something to do with each kid's death."

'The only thing these kids had in common was that they were hypnotized'
—MARCUS FREEMAN'S FATHER, PAUL

In 2012 Kenney, 56, pled guilty to two misdemeanor counts of practicing unlicensed hypnotherapy. (He served one year of probation.) Earlier this month the Sarasota County School Board settled civil suits with the families for $200,000 each. Documents show that the school board had warned Kenney three times to stop hypnotizing students, but the warnings went unheeded. "He was guilty of bad judgment," says his criminal attorney Mark Zimmerman. "He tried to help his students. This was nothing more than a very unfortunate coincidence."

Even now, parents wonder how it all happened. As the case unfolded, it became clear that the hypnosis sessions were not anomalies but a

CLOCKWISE FROM TOP LEFT: MATT HOUSTON/SARASOTA HERALD-TRIBUNE/SILVER IMAGE PHOTO AGENCY; MIKE LANG/SILVER IMAGE PHOTO AGENCY; COURTESY MCKINLEY FAMILY; COURTESY PALUMBO FAMILY; COURTESY FREEMAN FAMILY

Photograph by MIKE LANG



IS?

HIGH SCHOOL PRINCIPAL **GEORGE KENNEY** ADMITS TO HYPNOTIZING 3 OF HIS STUDENTS BEFORE THEY DIED UNEXPECTEDLY. WAS HE TO BLAME FOR THEIR DEATHS?

By **STEVE HELLING**

daily occurrence in Kenney's office. He admitted to hypnotizing dozens of students, some individually and others in group sessions. Some parents say they knew about the hypnosis, others did not. During the sessions Kenney would dim the lights, put on relaxing music and put the students in trances before talking through their academic and social issues. "Brittany didn't remember any of it," says her mother, Patricia, who was present for one of the sessions to help Brittany prepare for her SATs. "At the end he said, 'I'm going to give you a subliminal message. Any time that you feel anxious, stressed, confused or depressed, you will blink your eyes rapidly and enter a calm and relaxed state.' I was really disturbed."

Although some students have spoken out in support of the sessions, saying that the therapy helped their grades improve, family members of the dead teens hope the case serves as a warning. "He wasn't licensed, and he was messing with the kids' brains," says Paul Freeman. "It wasn't about money," adds Patricia Palumbo. "All we wanted was to make sure that this can't happen again." ●

PROMISING LIVES CUT SHORT

They were normal kids with bright futures and typical teen struggles. What went wrong?



WESLEY MCKINLEY, 16
Known around North Port High for his big smile and musical talent, Wesley taught himself to play the piano and guitar. He was practicing for an audition with the Juilliard School and looking forward to other teen milestones. "He was excited about getting his license and being able to drive," says his mother, Peggy McKinley.

BRITTANY PALUMBO, 17
The night before she killed herself, Brittany filled out a college application. "She wasn't depressed," says her mother, Patricia Palumbo. "She was looking to her future." A gifted student taking college-prep courses, Brittany was driven to get good grades. "She put a lot of pressure on herself," says her mom. "But she was just a normal kid."





MARCUS FREEMAN, 16
A talented athlete, Marcus played football, baseball and basketball and ran track. "He was good at everything he tried," says his father, Paul Freeman. "He was very focused." Marcus, a sophomore, had hopes of attending the University of Florida. "He wanted to be a doctor," says his dad, "but now that will never happen."

JORDAN BONE

Paralyzed, Beautiful and Brave

LEFT TETRAPLEGIC AFTER A CAR CRASH, THE FORMER DANCER REINVENTS HERSELF ON YOUTUBE

Jordan Bone knew right away that something was very wrong. Drifting in and out of consciousness, "I remember thinking, at 15 years old, 'I don't want to die,' " says the Norfolk, England, native, who was getting a ride from a friend when the car crashed. Bone began singing to keep herself awake as she waited to be rescued. "I couldn't move my legs," says Bone, who loved to dance as a child. "I said, 'I think I'm paralyzed.' "

She was right. Bone had broken her neck, leaving her a tetraplegic, able to move her arms but unable to move her hands or walk. "I got very depressed, which wasn't like me," she says of adjusting to a life reliant on caretakers. Determined to get off her antidepressants, Bone turned to guided meditation videos on YouTube. When those worked, she decided to pay it forward by "inspiring" others with her own motivational blog and makeup tutorials. Now 26, Bone has more than 150,000 YouTube subscribers, and a video explaining her journey has been viewed more than 4.7 million times. "I still have my down days," says Bone, who plans on moving out of her family's home and in with her fiancé, Michael Harrison, by Christmas. "But at the end of the day, I just remind myself that I'm grateful to be alive." —**PATRICK GOMEZ**

Doing Her Makeup Her Way







Unable to open or close her hands, Bone has to "rely on people for so much." So she takes pride in doing her own makeup. "At first I'd poke myself in the eye. But I got better," she says of relearning her routine. "My videos are about makeup, but they're also about positivity."

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MARGARET CHO

Laughing Through the Pain

AFTER SURVIVING SEXUAL ABUSE AS A CHILD AND RAPE AS A TEEN, THE COMEDIAN SAYS SHARING HER EXPERIENCE HAS OFFERED THE ULTIMATE HEALING

By **AARON COUCH**

While taping her latest comedy special, Showtime's *psyCHO,* for a packed house at New York City's Gramercy Theatre earlier this year, comedian Margaret Cho unleashed her full force on the room as she blasted a variety of headline-making male celebrities. The lengthy bit culminated with her fantasizing about leading an army of ladies against such men. "I want to kill every child molester, every rapist, anybody who unnecessarily abused an animal," she triumphantly declares. "Michael Vick is f---king dead!"

Such extreme statements may not be the stuff of the average stand-up routine, but Cho's passionate rage comes from a very personal place. Growing up in San



Cho (with her mother, Young-Hie, in 1974) says she was afraid to tell her family of the trauma she suffered.

ANDREA GJESTVANG/PANOS; INSET: COURTESY MARGARET CHO



1. Even as a child, Cho "was very much a rebel." 2. After her curvy body was criticized, Cho (with her dog Gudrun) says she used tattoos to "celebrate it." 3. Cho calls her *psyCHO* tour "a celebration of victims." 4. Cho (with Tina Fey and Amy Poehler) poked fun at Kim Jong-un at the Golden Globes.

Francisco, the comedian, 46, endured years of abuse at the hands of a family friend, who molested her for more than seven years, beginning when she was just 5 years old. At 14, she was raped by a different acquaintance. "Some kids at school found out and bullied me over it—they were animals," says Cho, sitting down for an interview last month at a Los Angeles-area diner. "It is very painful and disturbing when you realize the depth of apathy out there toward the suffering of victims."

Now, as she launches a 38-date stand-up tour, the comic is trying to do something about that. In revealing her own abuse, Cho hopes she can help fellow survivors. "People don't realize the power they have. They don't realize that if you've had this happen to you, you can help other people," she says. "You really are no longer a victim. You are a survivor." Adds her friend and frequent *Fashion Police* costar Melissa Rivers: "The fact that she's not scared to talk about it is amazing. When you can laugh, you take the sting out of things."

But for years Cho had kept her childhood traumas a secret. "A lot of the silence is based around fear. And I had a lot of fear," says Cho, who hid the abuse from her conservative Korean family until years later. When, at age 17, Cho dropped out of high school—where in addition to bullying Cho, fellow students had joked after the murder of one of her favorite teachers, who was killed for being gay—her parents thought she was just being a rebellious teen who wanted to pursue stand-up.

'A lot of the silence is based around fear. And I had a lot of fear' —MARGARET CHO

When Cho finally opened up to them about her trauma, they encouraged her not to talk about it, she says, adding that "there are complications" when it comes to publicly accusing her abuser. Other possible victims identified by Cho and her family "may not be aware that it happened," she says. "If they don't remember, I would prefer they didn't remember. I would prefer that stay buried, because I don't want the responsibility of bringing that back." Cho is unsettled by the knowledge that the statute of limitations for the crimes has run out. "I'm really tortured by that," she says. "A lot of victims don't come forward because they are afraid to. And when they do find the strength to finally press charges, they can't."

Through her comedy work, Cho found the creative outlet she needed to work through the trauma, especially after finding support from other female comics. "I was very sheltered by people like Joan Rivers, Brett Butler, Rosie O'Donnell and Roseanne Barr," she says. "They were very protective." Cho gives credit to Joan Rivers for inspiring her outrageous brand of comedy. "It's really hard to shock me, and I was really shocked by her," she says. "She was so hardcore." Cho let that inspire her own act, in which she gleefully sings a song called "I Want to Kill My Rapist." "When I've performed it live, women in the audience were screaming and crying and singing along," she says. "They felt unburdened by it. Sharing the suffering alleviates the burden. And that's what I'm trying to do." ●

CLOCKWISE FROM TOP RIGHT: MARY TAYLOR; PAUL DRINKWATER/NBC/GETTY IMAGES; AMANDA EDWARDS/GETTY IMAGES; COURTESY MARGARET CHO

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VIOLA DAVIS, *HTGAWM* (AND EMMY WINNER); SHONDA RHIMES, CREATOR & EP; ELLEN POMPEO, *GREY'S ANATOMY*


ALFRED ENOCH, *HTGAWM*


KEVIN MCKIDD AND JAMES PICKENS JR., *GREY'S ANATOMY'S*

People

EVENTS

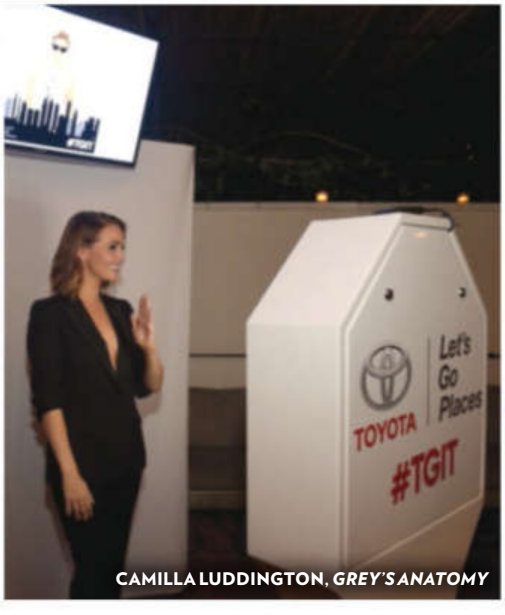
SHONDALAND PARTY

GRACIAS MADRE, LOS ANGELES

SEPTEMBER 26, 2015

Stars of *How to Get Away with Murder, Grey's Anatomy* and *Scandal* kicked off this season of #TGIT with ABC, PEOPLE, Entertainment Weekly and Essence at a party to celebrate Shondaland. Guests arrived in style, thanks to presenting sponsor Toyota. Celebrity photographer, Mark Royce, worked his magic in a cinemagraph booth sponsored by social media partner Twitter.


CHARLIE WEBER AND LIZA WEIL, *HTGAWM*



CAMILLA LUDDINGTON, *GREY'S ANATOMY*



TONY GOLDWYN AND BELLAMY YOUNG, *SCANDAL*

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Photos: Jason Kempin/Getty Images; ©ABC/Image Group LA ©2015 Time Inc.

JOSH PECK

I Was a Child Star—and I Loved It!

THE FORMER NICKELODEON ACTOR REFLECTS ON HIS TRANSFORMATION FROM 'AWKWARD' TEEN TO CONFIDENT LEADING MAN

By **PATRICK GOMEZ**



"We're still buddies," Peck says of his *Drake & Josh* costar Drake Bell (above, with Peck in 2004).

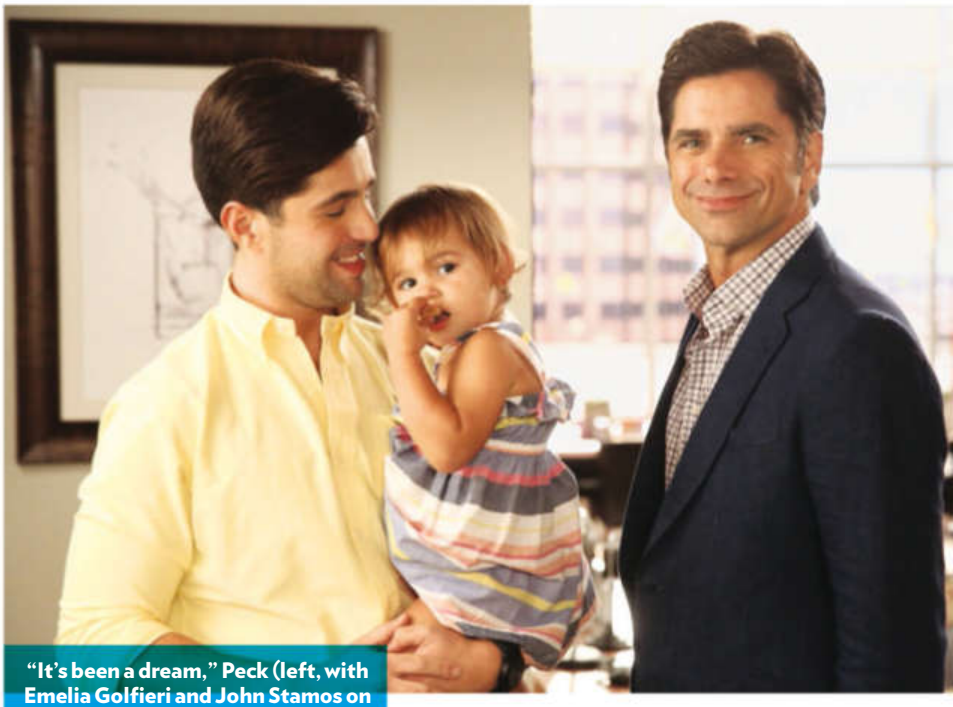
Some actors spend their lives lamenting their time as a child star. Not Josh Peck. Prior to becoming a marquee name for Nickelodeon at age 12, "I felt like a freak. I wasn't superacademic or into sports," explains the former *Drake & Josh* star. "But [being around other performers,] I was a freak amongst freaks." Now, at 28, Peck has emerged from adolescence with leading-man looks—and a role to match on FOX's *Grandfathered,* where his costar is, fittingly, another former teen heartthrob (and current adult one), John Stamos.

The only child of a single mom who considers Barbra Streisand "her everything," Peck spent his childhood in New York City. By the time he was 11, he was performing stand-up comedy professionally, and within a year he'd booked a role in the Nickelodeon film *Snow Day*. "I was just totally in love with coming to work every day," Peck says. "Acting gave me a lot of self-worth and confidence."

Peck credits his mother, Barbara, for keeping him grounded when, at 13, he made his debut on Nickelodeon's *The Amanda Show* and then, at 17, landed *Drake & Josh*, which became a runaway hit for the network. "My mom doesn't play," he says. "Even now, if I say something remotely fresh, she'll still call me on it."

But living out his "awkward teenage years" on television wasn't always easy. In 2006, after spending his adolescence overweight, "I had a real desire to get healthy and trim," says the actor, who admits he was partly motivated by the prospect of being able to audition for more roles: "I could fit into someone else's skin a little better if I lost a few pounds."

As he grew older, Peck saw more and more of his fellow child actors fade from the spotlight, but he refused to be "deterred" from his path. "When you're a cute kid and maybe have some natural talent, it seems quite easy," he says of his chosen career. "But this takes an incredible amount of work and focus and dedication. You have to weather the times when you're not working. There's a lot of rejection. I understood that early on."



"It's been a dream," Peck (left, with Emelia Golfieri and John Stamos on *Grandfathered*) says of working on his FOX comedy. "John is so generous with his years of knowledge about this business. He tells me to always be 'classic.'"

Peck tried a community college class, but it wasn't for him. ("I don't know what I was thinking taking business law," he says with a laugh.) Still, when *Drake & Josh* ended in 2007 after four seasons, Peck was "eager to be challenged in a different way." He did voice-over work in three *Ice Age* sequels, bypassed the studio "gatekeepers" by producing his own content on Vine, the social media app on which he has 8.8 million followers, and worked opposite Ben Kingsley (his "favorite actor on Earth") in 2008's *The Wackness*. Earlier this year he appeared alongside Al Pacino in *Danny Collins* and Kevin Hart in *The Wedding Ringer*. Not too shabby for a former "freak," but in landing the role of Stamos's son on *Grandfathered*, Peck may have found his best costar match yet. "He's a smart, sharp guy," Stamos says appreciatively of Peck. "He's a gentleman who knows himself, a good man."

'I had a different experience than most people. **I get to watch my weird years in reruns'** — JOSH PECK

Peck says his fame has "yet to be restrictive" when it comes to having a personal life, which he likes to spend playing piano and traveling. "Growing up, a trip to Atlantic City was as international as we went," says the actor, who treated himself to vacations in Bali and Hong Kong last year. "So now, being able to do things like that is such a gift." Peck declines to reveal if he's dating anyone, but he eagerly discusses his outlook for the future. "I've had meltdowns. There've been tough moments. But, for the most part, it's been getting better and better," he says. "And most guys don't do their best work until they're in their 30s and 40s. Or at least that's what I tell myself!" ●

FROM LEFT: MATT BARON/BEIMAGES; ANDREW STILES/CONTOUR BY GETTY IMAGES; JORDIN ALTHAUS/FOX



ON THE SAME TEAM Always close, Wyatt (left) and Jonas were hard to tell apart when they were babies.

TRANSGENDER TWIN
NICOLE MAINES

BECOMING MYSELF

WYATT AND JONAS MAINES WERE BORN IDENTICAL-TWIN BOYS—AND THEN WYATT BECAME NICOLE. THE INCREDIBLE, EMOTIONAL STORY OF A COURAGEOUS FAMILY'S TRANSFORMATION

By **MARY POLS**

Photographs by **ERIC OGDEN**

Twins Jonas and Nicole Maines are funny and theatrical, and they both have a lot to say. But 18 years ago feisty Nicole beat the gentler Jonas out of the womb by 10 minutes, and she's been known to get the edge attention-wise. Like now, when Jonas is explaining something to a visitor at the family's Portland, Maine, home and Nicole takes over. "Let Jonas finish," their mother, Kelly, urges.

Sibling rivalry, mom playing referee. Typical family, right? But the subject Nicole and Jonas are jostling over is atypical: a book about their lives. *Becoming Nicole* is the story of how these "identical" twins, born Wyatt and Jonas, are now sister and brother, guided by Kelly, 54, and their father, Wayne, 57, a conservative guy who struggled to accept and understand his little boy's insistence that he was a girl. Arguably, Wayne made the biggest transition of the family, eventually leading them in a groundbreaking civil-rights case that began with Nicole's being denied the right to use the girls' bathroom at school.

The Maineses' story is an astonishing testament to a family's resilience and the power of love. What it isn't—as the twins are vying to get across on this fall afternoon—is alien to ordinary people's lives. "There's this sense that transgender families' experiences are radically different than quote-unquote normal families," Jonas says. Adds Nicole: "That's what the book is about. We're a normal family that happens to have their own unique struggle."

The struggle began when Jonas and Wyatt were toddlers. The Maineses had battled infertility; when they adopted their healthy boys at birth, they rejoiced. But by the time the twins were toddlers, Kelly, a stay-at-home mom, knew Wyatt

HAIR & MAKEUP: NOEL MCKINNON/MLR ARTISTS MANAGEMENT; STYLIST: KATHY BENHARRIS/MLR ARTISTS MANAGEMENT; LEFT PAGE: COURTESY MAINES FAMILY



"My entire existence is not trans," says Nicole (at home with Jonas). "My entire existence is Nicole—trans is a part of that."

was different. What did his fervor for *The Little Mermaid* and Barbies mean? She searched "Boys who like girls' toys" on the Internet and read all she could on being transgender.

Wayne noticed Wyatt's differences too, but didn't want to accept what he saw. When Wyatt, nearly 3, announced, "Daddy, I hate my penis," Wayne cried. He was fearful and embarrassed as Kelly let the boy wear more feminine clothes. When the family relocated to Maine from New York State before the twins entered first grade, they hosted a party. Wayne lost it when Wyatt wore his favorite pink princess dress.

More and more convinced Wyatt was transgender, Kelly was scared. She'd read of trans teens being killed. She'd seen a TV show where a trans girl ends up as a prostitute because her parents threw her out. "That is never going to be Nicole," she recalls telling herself. "Or Wyatt at the time."

"I should have stepped up sooner," Wayne says now. But Kelly isn't judging. "Wayne couldn't deal with it, so I dealt with it," she says. "It's as if someone had a health issue.... I won't try to change you. I'll just try to get you where you need to be."

"I think that is one of my favorite things I've ever heard you say," Nicole tells her.

Nicole doesn't remember a time when she didn't know she was a girl. "Everyone is like, 'How can you possibly know?' And I'm like, 'How old were you when you knew what *you* were?'"

But knowing didn't stop her from feeling anxious or angry, and striking out at Jonas, the only other person who always knew Wyatt was—inside—a girl. "It just made sense to me," he says, shrugging.

Nicole would ask Kelly when her penis would fall off. She feared puberty. Then in 2006 the family found Norman Spack, an endocrinologist who worked with pediatric transgender patients. When he took Wyatt on, Kelly was relieved, and Wayne began to come around. Spack helped them understand that gender identity lies in the brain, not the anatomy, and brain development may differ even in twins whose DNA is the same.

Just before the twins entered fifth grade in 2007, Wayne and Kelly formally changed Wyatt's name to Nicole Amber. She was thrilled. Until what the family calls "the Orono incident," when the grandfather of a classmate demanded the school stop letting her use the girls' bathroom. For



"Gender is fluid; it doesn't matter," says Wayne (at home with his family). "We are human beings."

1. "She always played with dolls and wanted to be the girl character in games," says Jonas of Nicole. "I said all right. I never questioned it."
2. "Nothing mattered but making sure these two were okay," Kelly says of Nicole and Jonas. "If Wayne came around, great. If Wayne didn't come around? Sorry. I'm going to do it with or without you."
3. An early self-portrait by Nicole.

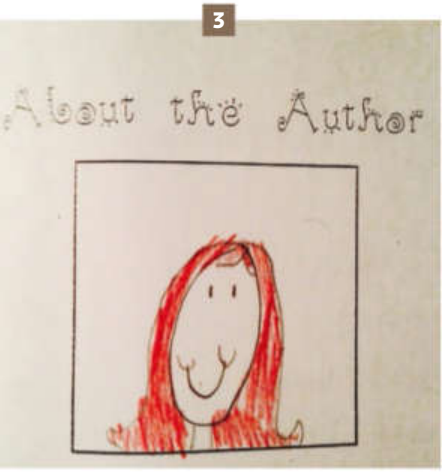
1



2



3





the first time, Nicole fretted over her own "freakness." Her peers turned on her. The Maineses stuck it out—with Nicole restricted to a staff restroom—until the end of sixth grade. Then Kelly and the twins relocated to more diverse Portland, with Wayne spending weekdays in Orono for his job as director of safety at the University of Maine. In 2009 the family sued the Orono school district.

Nicole went "stealth" at her new middle school, but it was stressful for both kids, and they were grateful to move to a progressive private high school. There, with Nicole taking female hormones and the full truth out, the pressure began to ease. She dated and had her first kiss. "It took me a while," Nicole says. Because Wayne had said not until she was 16? "Well, also because nobody wanted to go out with me," she adds, laughing.

Although they confess to "some PTSD" from their emotional and legal battles (they won their suit on appeal last year, setting a precedent protecting the rights of transgender students), the Maineses say they feel lucky. In July Nicole sailed through her surgical transition. The twins are both in college and thriving. "It's like I can finally breathe," Kelly says.

Nicole, who is up-front with potential romantic partners, has a boyfriend she calls "amazing." Both she and Jonas act and are contemplating careers in the arts. Nicole had a recent guest role on *Royal Pains,* but of Hollywood she says, "If it's in the cards."

"We only have one shot at life," she adds. "I plan on fitting in as much as I can so when I have children and they ask me, 'What were you doing at my age?' I'll be like, 'Honey, I was doing everything.'"

The times are on her side: Cultural awareness of transgender issues has never been higher. This is, after all, the year when an Olympian went from Bruce to Caitlyn and a show called *Transparent* cleaned up at the Emmys. "Look how far we have come," Jonas says. "As a generation we've grown up with this surge of information about all of this."

Wayne listens, clearly impressed. He is proud of both his son and his daughter. "I had to live it to learn it," he says. "Kids all over the nation can't wait for other people to live it to learn it—they need help right now. And that is what I hope the book does. I hope it helps people get there." ●

For more information on transgender youth and children, visit transactiveonline.org

BEFORE SHE WAS NICOLE

TO KELLY, Wyatt wasn't strange, and he certainly wasn't sick. He was just "different." She knew most others didn't understand, especially Wayne. She'd seen her husband sitting reading the newspaper while Wyatt skipped around in his tutu, a hand-me-down from his friend Leah. Wayne pretended not to see him. He didn't look up.

Kelly shuddered when she thought of the torment other kids were capable of inflicting on someone like Wyatt. All in all he was a happy child, but when he wasn't, it almost always had to do with being a "boy-girl," which is how he referred to himself.

Out of the blue he'd ask Kelly, "When do I get to be a girl?" If Kelly could only see into Wyatt's brain. Did he believe he'd emerge as a "she" from this boy chrysalis stage he was in, like a human butterfly? Maybe Wyatt really did believe that some babies were born female, some male, and some could change from male to female when they were still young. He was impatient, though, and that's where the unhappiness seemed to come from.

Wayne wanted to be close to both his sons, but he couldn't get his mind around Wyatt's gender-bending behavior, so he retreated—to the woods to cut down trees, to the treadmill to work out his frustrations. He wanted to be a good parent, but he didn't know how to deal with Wyatt's situation, whatever it was.

Excerpted from the book *Becoming Nicole* by Amy Ellis Nutt. Copyright © 2015 by Amy Ellis Nutt. Reprinted by arrangement with Random House, a division of Penguin Random House LLC. All rights reserved.



Pulitzer Prize winner Amy Ellis Nutt worked with the Maineses to write *Becoming Nicole.*

My American Dream

GREAT SUCCESS AGAINST THE ODDS

EXECUTIVE DIRECTOR, UNITED NATIONS WORLD FOOD PROGRAMME

Ertharin Cousin

GROWING UP IN CHICAGO'S INNER CITY during the 1960s, Ertharin Cousin, 58, learned her community's motto: Even if you don't have much, you share what you have. She saw it in action while helping out at her grandmother's restaurant after school. "If people didn't have money, she would feed them," she recalls. "There was a sense of responsibility beyond yourself."

A Great Big World

On Sundays Cousin's father, Julius, a community activist, and mother, Anne, a social worker, piled their four daughters into the car. "They'd drive us to affluent neighborhoods so we could see life outside our community," she says. "So many people grow up with a ceiling because you don't know what you don't know. I knew the world was bigger."

Focus on Education

High test scores won Cousin a spot in a program that allowed her to be bused to a Catholic school in the suburbs. In high school she was one of the first girls to enroll at Lane Tech, a previously all-male academy. "In many cases in my life I was the first," she says. "Always remember that just because nobody you know has done it before, it doesn't mean you can't be the first to do it."

Family Support

As a senior in high school Cousin got pregnant with her son Maurice, who was born a month after graduation in 1975. "My mother said, 'You're not going to stop here. Go to college for one year, and if you still want to get married, you have my blessing. But just go for one year. We'll help you,'" Cousin recalls. With her family's help she went on to earn a law degree from the University of Georgia.

Making a Difference

Cousin started her career in Chicago politics, later moving to Washington to work in the Clinton Administration. Afterward she took a job as an executive for the supermarket chain Albertsons—"It was the first time I made a lot of money," she says—but quit after five years to help lead the food bank America's Second Harvest (now called Feeding America). She was nominated to her current U.N. post in 2012. "I realized having the ability to change lives was more important," she says. "I believe we can always do better and do more."

—**ELAINE ARADILLAS**



1960 FAMILY VALUE Cousin (at age 3, right, with sister Tybra, 2) is the oldest of four girls. "I grew up with parents who believed we could do anything—that was their mantra."



2008 CHICAGO CONNECTION Though she's based in Rome, "Chicago is home," says Cousin (with Oprah Winfrey and Michelle Obama).



NOVEMBER 2013 HANDS-ON WORK After a typhoon struck the Philippines, Cousin passed out high-energy biscuits to survivors.



SEPT. 23, 2015 LEADING THE WAY With a staff of 13,500 in 80 countries, Cousin heads the largest humanitarian organization in the world. "I believe in the generosity of human nature," she says.

Photograph by NATHAN PERKEL

HAIR & MAKEUP: RENNO BUKO; FROM TOP: COURTESY ERTHARIN COUSIN(2); HUGH ENER/WFP



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HALLOWEEN SPECIAL



KATHERINE KALLINIS BERMAN & SOPHIE KALLINIS LAMONTAGNE

Chocolate 'Cobweb' Cupcakes

THE STARS OF *DC CUPCAKES* AND OWNERS OF GEORGETOWN CUPCAKE BAKE UP 'A CREEPY-CRAWLY DESSERT'

- 8 tbsp. unsalted butter, softened
- 1¾ cups sugar
- 2 eggs
- 2¼ tsp. vanilla extract
- 1¼ cups milk
- 2½ cups all-purpose flour
- 2½ tsp. baking powder
- ¼ tsp. salt
- 2 tsp. orange food coloring
- ½ cup chocolate chips
- 1 cup fudge topping

1. Preheat oven to 350°. Line two cupcake pans with baking cups.
2. Beat butter at medium speed with an electric mixer until creamy. Gradually add sugar and beat 3 to 5 minutes more. Add eggs and mix in slowly.
3. In a small bowl, combine vanilla extract and milk.
4. Sift together flour, baking powder and salt. Alternate adding dry ingredients and milk to butter mixture, a third at a time, mixing slowly after each addition. Add orange food coloring and chocolate chips, and mix until just combined.
5. Transfer batter to baking cups, so each is ⅔ full. Bake for 15 to 18 minutes, then let cool completely.
6. Add fudge to a ziplock bag, and cut a small hole in the corner. Squeeze lines of fudge on each cupcake to create a web.

Makes: 24 cupcakes
Prep time: 25 minutes **Cook time:** 20 minutes

Expert Tip!
To make the web, pipe four intersecting lines of fudge: horizontal, vertical and two diagonals. Then connect all the lines with short, slightly curved strokes.

FOOD STYLIST: KELLIE GERBER KELLEY; PROP STYLIST: BUFFY HARGETT MILLER; INSET: WALLING MCGARITY/TLC

Photographs by HECTOR SANCHEZ

SARAH MICHELLE GELLAR

Pretzel 'Bones'

THE ACTRESS AND COFOUNDER OF KID-FRIENDLY BAKING BRAND FOODSTIRS SHARES A DELICIOUSLY SCARY SNACK

Sweet Start

"I wanted to create a fun way to bring families together in the kitchen," says Gellar about her baking and food-crafting kits—available at foodstirs.com.

- 1 tsp. sugar
- 1 tbsp. active dry yeast
- 2½ cups all-purpose flour
- ½ tsp. salt
- 1 tbsp. baking soda
- Coarse salt, for sprinkling

1. Mix sugar, yeast and 1 cup warm water in a small bowl; stir to combine. Allow yeast to become foamy, about 5 minutes.
2. In a small bowl combine the flour and salt. Transfer yeast mixture to the bowl of a mixer fitted with a dough hook (or use your hands to mix). With the mixer on medium low, gradually add the flour mixture. Mix until the dough is soft and no longer sticky. Add more flour if the dough is too sticky.
3. Place the dough in a lightly greased bowl, cover with plastic wrap, and let rest for about 1 hour or until it doubles in size.
4. Preheat oven to 450°, and lightly grease two cookie sheets. In a medium bowl combine ½ cup warm water and baking soda.
5. Once the dough has doubled, cut it into 16 even pieces, then form them into simple bone shapes (see left for instructions).
6. Dip pretzel bones into the baking soda-water, and place on a baking sheet. Sprinkle with salt, and let rest for 5 to 10 minutes. Bake for 12 to 14 minutes or until golden brown.

Makes: 16 bones
Prep time: 30 minutes, plus rising
Cook time: 15 minutes

YOUR 4-STEP GUIDE

SHAPE THESE 'EASY TO MAKE' BONES WITH YOUR KIDS, SAYS GELLAR.



1. On a lightly floured surface, roll the dough into a long thin rope.



2. Fold the dough in half and bring the two loose ends together.



3. Twist the dough three or four times to create a rolled pattern.



4. Cut the dough loop in half, and spread out the ends to look like bone joints.

INSET: JANICE OGATA/MEDIAPUNCH


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& AAH'S
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BURT'S BEES
Eli is wearing Evening Glow Lip Gloss



DUFF GOLDMAN

Chunky 'Vampire' Cookies

THE CHEF AND AUTHOR OF *DUFF BAKES* ADDS A 'FEW EXTRA GOODIES' TO HIS DOUGH TO 'KEEP THE VAMPIRES FROM EATING YOUR TREATS'

- 3 cups sugar
- 2 sticks butter, softened
- 1 cup peanut butter (crunchy or smooth)
- 2 tbsp. molasses
- 1 tbsp. pure vanilla extract
- ¼ tsp. of baking powder
- 1 clove garlic, minced (optional)
- 2 tsp. salt
- 3 very ripe bananas, mashed
- 2½ cups all-purpose flour
- 1¼ cups chocolate chips
- ¾ cup hard pretzels, mashed into crumbs
- 10 bacon strips, cooked crisp and chopped fine

1. Preheat oven to 350° and spray a baking sheet with non-stick cooking spray. In a large bowl, mix the sugar, butter, peanut butter, molasses, vanilla, baking powder, garlic, and salt until it's combined and all one color. Add the bananas and stir until fully combined.
2. Add the flour and gently mix until incorporated, with no lumps. Fold in the chocolate chips, pretzel crumbs and bacon.
3. Using two spoons, form balls about the size of a large walnut (or 1½-in. scoop) and drop them on the prepared baking sheet at least 2 in. apart. Place in the fridge to chill for 10 minutes.
4. Bake for 12 to 14 minutes or until golden on the outside and gooey in the middle. Cool on the cookie sheet for 2 minutes and then transfer to a wire rack.

Makes: 4 dozen cookies
Prep time: 10 minutes, plus chilling time
Cook time: 15 minutes



Expert Tip!
"The garlic is optional, but, just so you know, it isn't weird," says Goldman. In fact, it brings out the other flavors: "There's a long tradition of putting garlic in chocolate chip cookies."

INSETS, CLOCKWISE FROM TOP: MEDIAPUNCH; STEPHANIE FREY/SHUTTERSTOCK; ANDREA BRICCO/GETTY IMAGES; STUDIOMODE/ALAMY

THAT'S THE SPIRIT

THREE QUICK WAYS TO TRICK OUT YOUR HALLOWEEN TREATS



Swap regular chocolate chips for orange and black (dark chocolate) morsels.



With a toothpick, make two "fang mark" holes. Drizzle a little strawberry jam to look like blood.



Sandwich a scoop of pumpkin ice cream between two cookies. Freeze until firm.

StyleWatch

WE GOT A MAKEOVER!

CHECK OUT THE LATEST ISSUE FOR WAY MORE STREET STYLE INSPO, THE BEST CELEB LOOKS AND AMAZING FINDS UNDER $100



On newsstands everywhere, starting October 16!



MARY GIULIANI

Spooky Punches

THE CELEBRITY EVENT PLANNER AND AUTHOR OF *THE COCKTAIL PARTY* MIXES UP FUN, FLAVORFUL MOCKTAILS



Blood Sucker

Fill punch bowl with **1 gallon beet juice, 1 cup fresh lime juice** and a **handful of fresh mint**.
For Adults:
Add **vodka** for a little howl.
Makes: 5 quarts



CONTRIBUTORS Ana Calderone, Sonal Dutt and Michelle Ward Trainor

INSET: JIMI CELESTE/PATRICK MCMULLAN/SIPA

Milky

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Hocus Pocus Potion

Fill punch bowl with **1 gallon pomegranate juice**, **4 sliced apples**, **seeds of 1 pomegranate**, **1 cup fresh lime juice** and **1 liter sparkling water** or **club soda**.
For Adults:
Add **Aperol** and **brandy** for an extra spook.
Makes: 5 quarts

Spellbinder

Fill punch bowl with **1 gallon fresh apple cider, slices from 4 apples** (red and green) and **2 pears**, and **1 tsp. ground cinnamon.**
For Adults:
Add **bourbon** for a not-so-scary kick.
Makes: 5 quarts



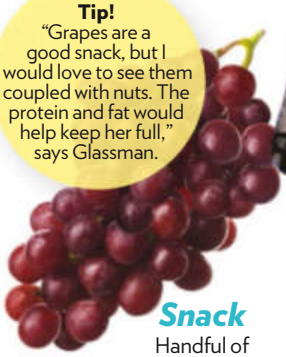
LEONA LEWIS

What I Eat in a Day

'CONSUMING WHAT'S GROWN NATURALLY HAS TO BE GOOD FOR YOU,' SAYS THE 5'9" SINGER, 30, WHO HAS BEEN A VEGETARIAN FOR 18 YEARS. 'I TRY TO BASE MOST OF MY FOOD CHOICES ON THAT PRINCIPLE.'



Hydration
6 bottles of **water** a day



Tip! "Grapes are a good snack, but I would love to see them coupled with nuts. The protein and fat would help keep her full," says Glassman.

Snack
Handful of **red grapes**



Breakfast
½ cup mixed-nut **granola** with 1 cup **almond milk**



Lunch
Curried **tofu** and steamed **broccoli**



Dinner
Fattoush salad with **hummus** and **falafel**

Total Calories:
1,118



The Verdict **"Granola can be high in sugar even when packed with healthy oats and nuts," says dietitian Keri Glassman of NutritiousLife.com. "Leona should make sure sugar is nowhere near the top of the ingredient list." But Glassman gives Lewis high marks for lunch: "Tofu—as long as it's not fried—with nutrient-packed broccoli is a great choice." She calls Lewis's dinner "a solid vegetarian option, full of spices, plant protein, fiber and healthy fat."**

By Aili Nahas and Stephanie Emma Pfeffer

CLOCKWISE FROM RIGHT: VINCE FLORES/STARTRAKS; ALEKSANDRA SMAKOVA/ALAMY; LAURI PATTERSON/GETTY IMAGES; STOCKFOOD GMBH/ALAMY; DANIELLE WOOD/CULTURA EXCLUSIVE/GETTY IMAGES; ALEAIMAGE/GETTY IMAGES (6); TS PHOTOGRAPHY/GETTY IMAGES; MARIO PESSARIS/ALAMY; WESTEND61/GETTY IMAGES

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WE TRIED IT!

At-Home Workouts

WHO NEEDS A GYM WHEN YOU CAN TRIM AND TONE WITHOUT LEAVING THE HOUSE? *PEOPLE* STAFFERS TESTED THE HOTTEST ONLINE EXERCISE ROUTINES. JUST PRESS PLAY!



BALLET BEAUTIFUL

balletbeautiful.com

What It Is This ballet-inspired fitness routine promises long, lean dancer muscles—and each video is taught by founder Mary Helen Bowers.
Cost $39.99 per month
Pro "I loved the customizable workouts!" says a staffer. "Once I said I wanted a full-body experience, videos were selected for me. And since they were 5 or 15 minutes long, I could break up my workout throughout the day."
Con "The soft music and stretching might not work for someone who wants a high-energy workout."



TRACY ANDERSON

tracyanderson.com/product-category/video-streaming/

What It Is Celeb trainer Tracy Anderson offers a peek at her exclusive studio method with a challenging regimen of cardio dance, arm exercises (with 3-lb. weights) and mat work for lower-body toning.
Cost $90 per month
Pro "The cardio-dance segments were fun," says our tester. "Tracy has a great playlist, and I could sing along in the privacy of my own home!"
Con "The mat work is seriously tough. Also, this is a lot to pay for an at-home workout! I really wish it were more affordable."



BODY BY SIMONE

bodybysimone.com/bbs-tv

What It Is Choose from more than 50 videos of varying lengths—from 4 minutes to 40—that target arms, abs, hips, buns and thighs.
Cost $9.99 per month
Pro "The moves are challenging but totally doable," says our tester. "I was always a little sore afterward, so I knew it was working!"
Con No music. "Hearing only the instructor's voice made the workouts less engaging."



PHYSIQUE 57

physique57.com/shop/online-workouts/

What It Is A library of workouts that promise a smaller waist, flatter abs and a more shapely butt using barre, cardio and strength training.
Cost $57 per month
Pro "The 30-minute videos were easy to squeeze in, even when I got home late from work," says an editor.
Con "This is a great complement to the gym—but pricey on top of another membership."



BARRE3

barre3.com/online-workouts/

What It Is Almost 250 videos that combine barre work, Pilates, yoga and light cardio.
Cost $15 per month
Pro "The workouts were clearly explained and pleasantly intense," says one editor. "Even the 10-minute videos had my legs quaking!"
Con "Almost all of the routines require equipment, like the $15 barre3 ball. I'd rather hit the studio."

CLOCKWISE FROM TOP LEFT: COURTESY BALLET BEAUTIFUL; COURTESY TRACY ANDERSON; COURTESY BARRE3; COURTESY PHYSIQUE 57; COURTESY STUDIO 1208



Award-winning lifestyle and beauty blogger Joanna Goddard, founder of CupOfJo.com at the OLAY Lab

EVEN A

BEAUTY EXPERT NEEDS A REBOOT

PART 2 IN A CONTINUING SERIES

Joanna Goddard, a busy mom in her mid-thirties, kicked off her skincare transformation last month with a visit to the OLAY Lab where she received a personalized regimen that fits her hectic life. Take a look at her progress along with the products and customized plan that are helping her achieve more radiant-looking skin.





Friends and family have complimented me on my skin!

"I love the Luminous Tone Perfecting Treatment. It's lightweight, absorbs quickly and doesn't leave my skin feeling oily."

MY SKINCARE REGIMEN

1 CLEANSE

The **Luminous Brightening Cream Cleanser** with gentle exfoliating microbeads leaves my face feeling smooth, conditioned and even textured.



2 TREAT

After cleansing, I apply **Luminous Tone Perfecting Treatment** under moisturizer. Already I see less discoloration and a more youthful luminosity to my skin.



3 MOISTURIZE

For day, I hydrate and protect skin from sun damage using **Luminous Brightening and Protecting Lotion SPF 15.** At night, **Regenerist Micro-sculpting Cream** penetrates deep so I wake up with healthier-looking skin.



Go behind the scenes as Joanna shares her skincare journey at PEOPLE.com/BeautyReboot



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People beauty



FALL BEAUTY SPECIAL

GUEST-EDITED BY

JESSICA ALBA

HI, EVERYONE! I'm thrilled to be guest-editing these pages since they're all about one of my passions—beauty! After years of working with top-tier beauty-industry insiders and talking to my savviest girlfriends, I launched my new skin-care and makeup line, Honest Beauty, this fall.

Growing up, I didn't see a lot of girls like me in beauty campaigns, but beauty is truly diverse today. It's important that we celebrate individuality and find what works to complement every skin tone, type and feature that makes us who we are. I want to speak to a new generation that loves fun, effective products with safe ingredients that fit their everyday lifestyle. I can't wait to share my beauty experiences with you....

XO,

Jessica Alba

TURN FOR MORE!

TRUNK ARCHIVE

JESSICA'S *FAVORITE* THINGS

THE BEAUTY MOGUL REVEALS HER TOP HAIR TIP, HER GO-TO LUNCH ORDER AND MORE!



'I'M A MOM ON THE GO WITH 5 TO 10 MINUTES TO GET MY MAKEUP ON. CREATING PRACTICAL PRODUCTS WAS ESSENTIAL FOR ME'



Alba steals a kiss from Haven ahead of an Honest Beauty event.

What is your most memorable red carpet look to date? I loved the orange Oscar de la Renta dress I wore to the Golden Globes. It was a last-minute decision to match my lip color to the dress.

What's the best part about red carpet prep? Chatting with everyone I work with. I have a real bond with them; we love each other. And then usually it's a date night for me and my husband [Cash Warren]. We get to dress up and go out!

Is there a downside? It takes a lot of time. I'd rather be hanging with my kids [Honor, 7, and Haven, 4] than spending two hours in a hair and makeup chair. But I can't complain—it's something that no one should ever complain about.

Do your girls obsess over an item in your wardrobe? They want to wear my Alaïa shoes—I think because they're the tallest things in my closet. They're never allowed to put those on, though, because they would crack their skulls walking around in them.

What about office attire—do you have a uniform? I always try to keep [my look] a little bit cool, so I wear a lot of midi skirts or boyfriend jeans with blazers.

Tell us your perfect power lunch. At my office it's from the taco trucks!

You have amazing hair. What's your best tip? I learned from French girls that as long as your face and clothes are pulled together, you can wear that perfectly undone "I woke up like this" hair. And I use the Leonor Greyl styling cream, which I discovered while in Paris, because it calms down frizz.

More beauty secrets, please! I dry brush everything. [*Editor's note: that means massaging dry skin with a bristle brush.*] When I have a superearly morning, I find it's a great way to wake up my body.

Any other early-bird essentials? I like to apply my Honest Beauty Everything Primer, then I'll go to the gym or have [breakfast] with my kids while I let my face settle into itself, because it takes a minute. I'm definitely not a teenager anymore.

What beauty rule do you live by? Stay hydrated, and try to get some sleep. And if you can't do that, then fake it!



Alba glows in a melon-hued gown at the Golden Globes in 2013.

Putting her mascara to work.

WHAT *JESSICA* LOVES



▶ **Leonor Greyl** Éclat Naturel, $46; saksfifthavenue.com

▼ **Elemis** Skin Brush, $48; nordstrom.com

▼ **Priti NYC** Nail Polish Remover, $22.50; pritinyc.com

ABOUT HER NEW LINE: HONEST BEAUTY

For her first foray into skin care and color cosmetics, Alba created an 82-piece collection that ranges from moisturizer to a mascara/primer duo, which she describes as "next level." [*Translation: it's amazing.*]

Honest Beauty (Above, left to right) Crème Blush in Truly Thrilling, $22, Truly Lush Mascara + Lash Primer, $22, and Younger Face Deep Hydration Cream, $34; honestbeauty.com

(ALBA, BOTTOM LEFT: GEORGE PIMENTEL/WIREIMAGE; TOP RIGHT: NEIL RASMUS/BFA/SIPA)

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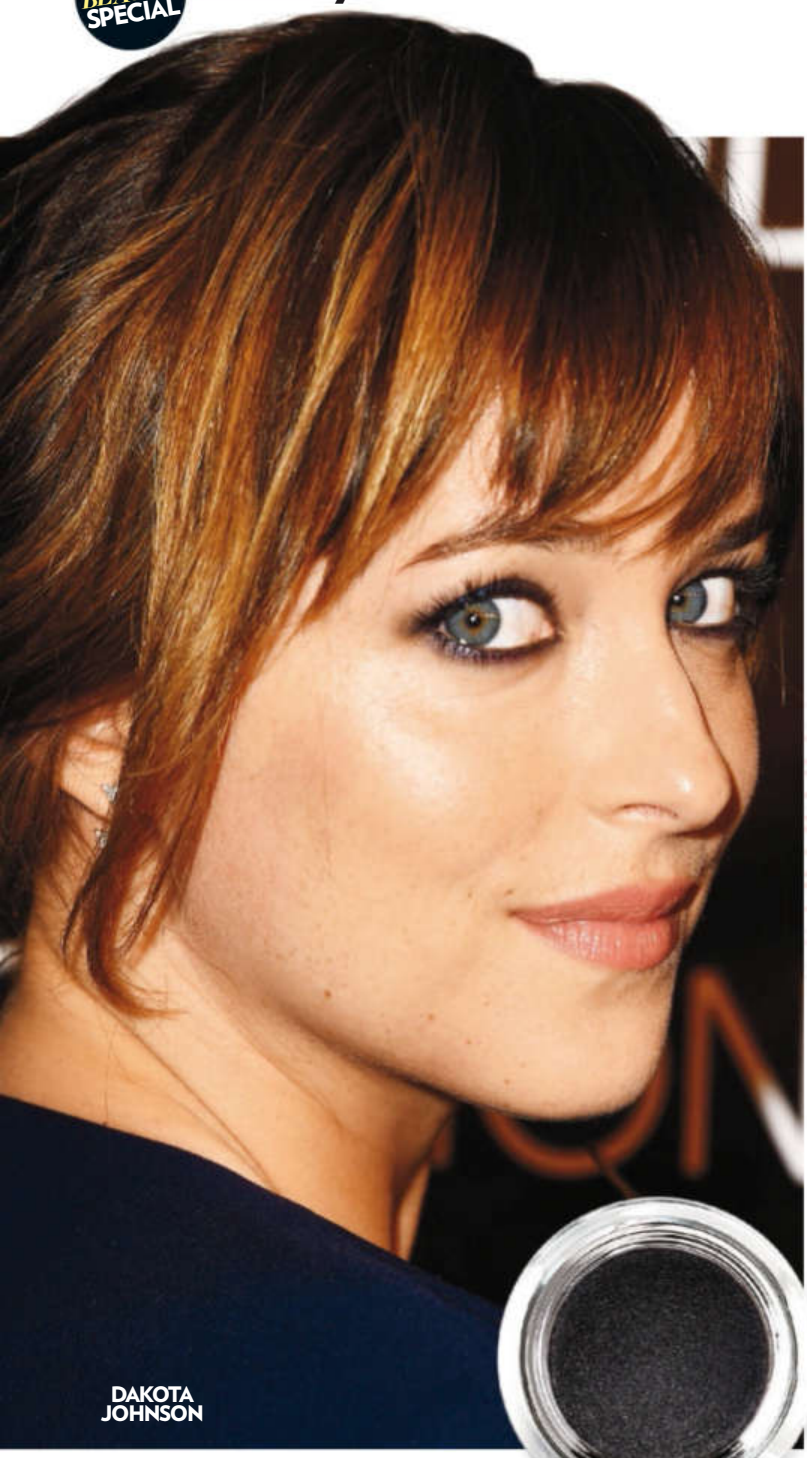
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FOR HAIR THAT LIVES TO MOVE



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7 TRENDS YOU'LL *LOVE!*



2 SHIMMERY *GRAY* EYES

Not as severe as black but as equally striking, consider charcoal your new go-to shadow shade. "It can be worn in many ways, from a subtle smudge along the lash lines to a dramatic smoky effect on the lids," says Dakota Johnson's pro Chanel makeup artist Kate Lee, who chose a creamy texture with a hint of shimmer to enhance the actress's eyes.



Chanel Illusion D'Ombre in Fleur de Pierre, $36; chanel.com



Miu Miu Eau de Parfum, $86 (for 1.7 oz.); neiman marcus.com

Joya Foxglove Perfume Oil + Glass Rollerball, $30 (for 10 ml); joyastudio.com

1 JASMINE *SCENTS*

The sensual bloom is a fragrance mainstay, but some new options are giving us a fresh perspective on the classic note. Miu Miu's blend has a sophisticated touch of rose, while Joya's perfume oil gets its crisp aroma from blood orange.



3 MAJOR *BANGS*

Fringe is big! And by that we mean it's all about a blunt set that covers your entire forehead and skims your lashes, like the head-turning style Sandra Bullock and Ciara recently snipped. Warning: Frequent trims will be in your future.

(JOHNSON) STEVE GRANITZ/WIREIMAGE; (ALBA) HENRY LAMB/PHOTOWIRE/BERLINER STUDIOS/BEIMAGES; (CIARA) STEPHEN LOCK/I-IMAGES/POLARIS; (BULLOCK) CHRISTIAN LAPID/STARTRAKS; (SWOOSH) LUCAS VISSER



Gigi is wearing New The Falsies® Push Up Drama™ Mascara in Very Black.

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MAKE IT HAPPEN™

Lauren B. Beauty in Ivy at the Shore, $18; laurenbeauty.com

NARS Steven Klein Nail Polish in Night Creature, $20; narscosmetics.com

JINsoon Nail Lacquer in Aria, $18; sephora.com

Essie in Bell-Bottom Blues, $8.50; essie.com

4 IRIDESCENT *JEWEL-TONE* NAILS

Who said autumn nail hues have to be moody? Like a great piece of jewelry, these rich, shimmering shades of sapphire, emerald, amethyst and garnet are the perfect complement to your wardrobe.


SHAY MITCHELL

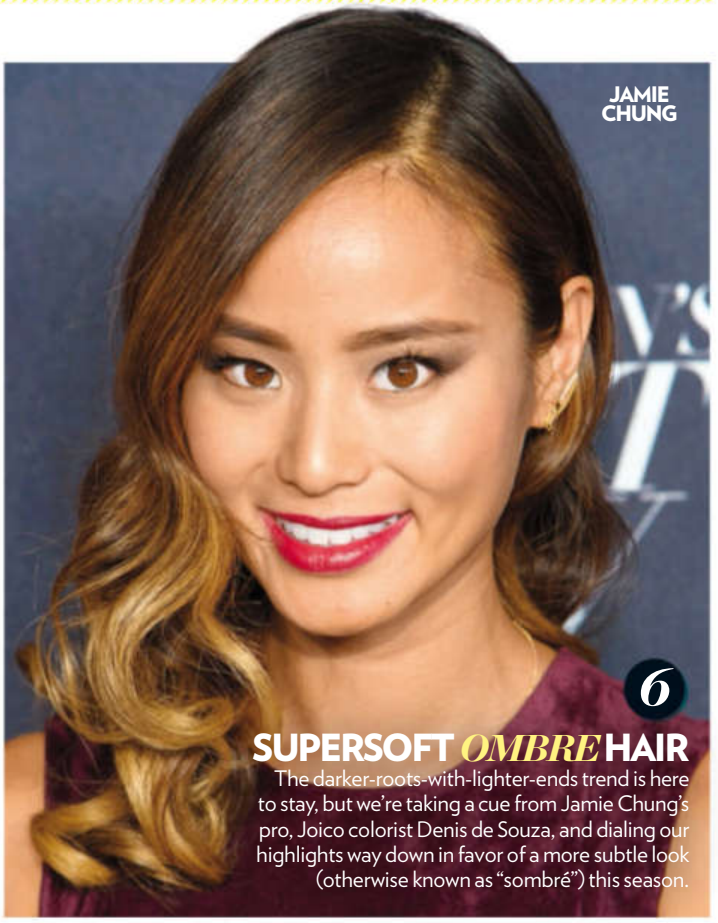
5 BROWN *LIPS*

Cocoa lipstick is making a comeback. If you don't want to totally relive the '90s, skip the dated frosted finish for a modern matte one. (Shay Mitchell's pro Patrick Ta applied the Lime Crime color below.) And keep the rest of your makeup minimal.



Lime Crime Velvetines Liquid to Matte Lipstick in Salem, $20; limecrime.com

Honest Beauty Truly Kissable Lip Crayon in Sheer Chestnut Kiss, $18; honestbeauty.com


JAMIE CHUNG

6 SUPERSOFT *OMBRE* HAIR

The darker-roots-with-lighter-ends trend is here to stay, but we're taking a cue from Jamie Chung's pro, Joico colorist Denis de Souza, and dialing our highlights way down in favor of a more subtle look (otherwise known as "sombré") this season.

7 BRUSHED-UP *BROWS*

Yes, all eyes are still on your arches. And now it's all about how you style them. To get the hot "brushed up" look, you need an angled brush and brow gel. Victoria Justice's pro Michael Anthony fills in sparse spots with pencil, then uses a brush to soften the color and set the direction of the hair, which he then seals with gel "to keep those babies standing up!"


JULIANNE HOUGH

VICTORIA JUSTICE

Anastasia Beverly Hills Perfect Brow Pencil in Soft Brown, $23, and Clear Brow Gel, $22; anastasiabeverlyhills.com

CLOCKWISE FROM TOP LEFT: LUCAS VISSER/2; MIKE PONT/WIREIMAGE; SPLASH NEWS; DAVID LIVINGSTON/GETTY IMAGES; HENRY LAMB/PHOTOWIRE/BERLINER STUDIOS/BEIMAGES; FREDERICK TAYLOR/BROADIMAGE



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MAYBE SHE'S BORN WITH IT. MAYBE IT'S MAYBELLINE.

Emily is wearing New Lip Studio™ Color Blur™ Matte Pencil in Fast and Fuchsia. ©2015 Maybelline LLC.

EDITORS' PICKS: *THE BEST NEW* SKIN CARE



Jessica Alba
Guest Editor

"I use a retinol cream a couple of times a week, so on the other days I'll use this oil. It soaks right into my skin and smells really nice."

Sunday Riley Flora Hydroactive Cellular Face Oil, $90; sephora.com



Colleen Kratofil
Writer-Reporter

"When the weather is in flux, my face suffers big time. Thankfully this mask keeps my oily skin in check while providing hydration too."

Farmacy Hydrating Coconut Gel Mask—Oil Control, $24; sephora.com



Andrea Lavinthal
Style & Beauty Director

"I was way too lax with my skin-care regimen this summer, but this antiaging serum has erased any evidence of that!"

Camille Obadia Paris Serum Yam Princeps, $73.99; camilleobadia.com



Jackie Fields
Beauty Editor

"My face needs regular exfoliating. With this fine granular powder made of rice bran I can deep-clean daily without entering dry territory."

Rodin Facial Cleansing Powder, $45; oliolusso.com



Brittany Talarico
Style News Editor

"These invisible dots contain a pimple's arch enemy, salicylic acid, and allow me to treat blemishes while I'm at my desk—or on a date!"

Peter Thomas Roth Acne-Clear Invisible Dots, $30; peterthomasroth.com



Alex Apatoff
Senior Editor

"Despite being so gentle on skin, this toner also exfoliates and brightens with the help of willow bark and vitamin C."

Sonia Kashuk Renew Micro Exfoliating Toner, $14.99; target.com



Sarah Kinonen
Editorial Assistant

"I need to amp up my moisturizer when it gets cooler. I'm into this nourishing cream because it's hydrating, but not heavy."

Belif The True Cream Moisturizing Bomb, $38; sephora.com



Catherine Kast
Style Editor

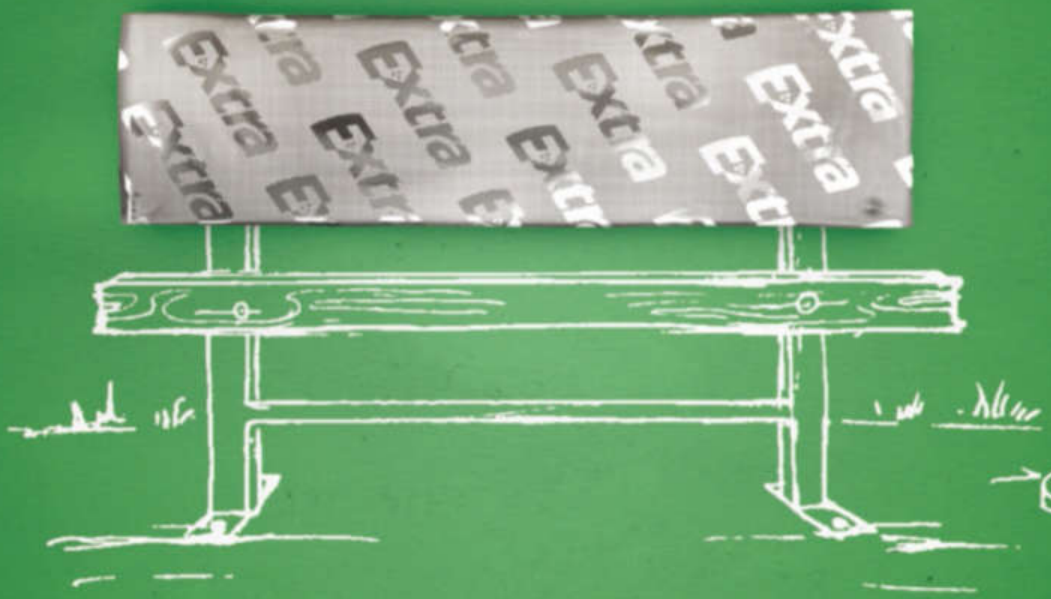
"This lightweight smoothing serum leaves a dewy finish. I tap it around my entire eye area—all the way up to my brow bone."

Shiseido Ultimune Eye Power Infusing Eye Concentrate, $65; shiseido.com

(ROTH, BELIF & FARMACY PRODUCTS) LUCAS VISSER(3); (ALBA) STEFANIE KEENAN/GETTY IMAGES

CONTRIBUTORS Jessica Alba and Jackie Fields, with Adeline Duff

CONVERSATIONS ABOUT NOTHING IN PARTICULAR



Sometimes, the little things last the longest.

give 

GET extra.

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Ken Jeong

THE FORMER PHYSICIAN, 46, IS NOW PRODUCING AND STARRING IN THE NEW ABC SITCOM *DR. KEN*

Last game I played
I played in a charity table tennis tournament, but I didn't even know the rules. I really try not to be competitive because I often lose. I'm really good at getting my defense mechanisms up in anticipation of losing.

Last moment of bliss
We just taped the Halloween episode, and my wife [Tran] and kids [8-year-old twins Alexa and Zooey] came to the show. I brought my daughters onstage to take a bow with me, and it was really sweet. They loved it.

Last guys' night out
Some of us got together when the series was ordered and had a beer. Nothing bad happened; no one got arrested. I rarely go out as I did in my 20s. Now I know my limits and I come home.

Last time I was anxious
I'm certain I have many anxiety attacks every day. I don't like a binge panic because that's really bad for the psyche. I prefer to keep a steady baseline of anxiety.

Last time I was starstruck
I met Ricky Gervais at an Emmy party. The BBC *Office* was my everything. I don't think he knew who I was, but I didn't care. I just shook his hand and walked away, like, "Oh my God!" That was enough for me.

Reported by **Julie Jordan**

MAARTEN DE BOER/CONTOUR BY GETTY IMAGES

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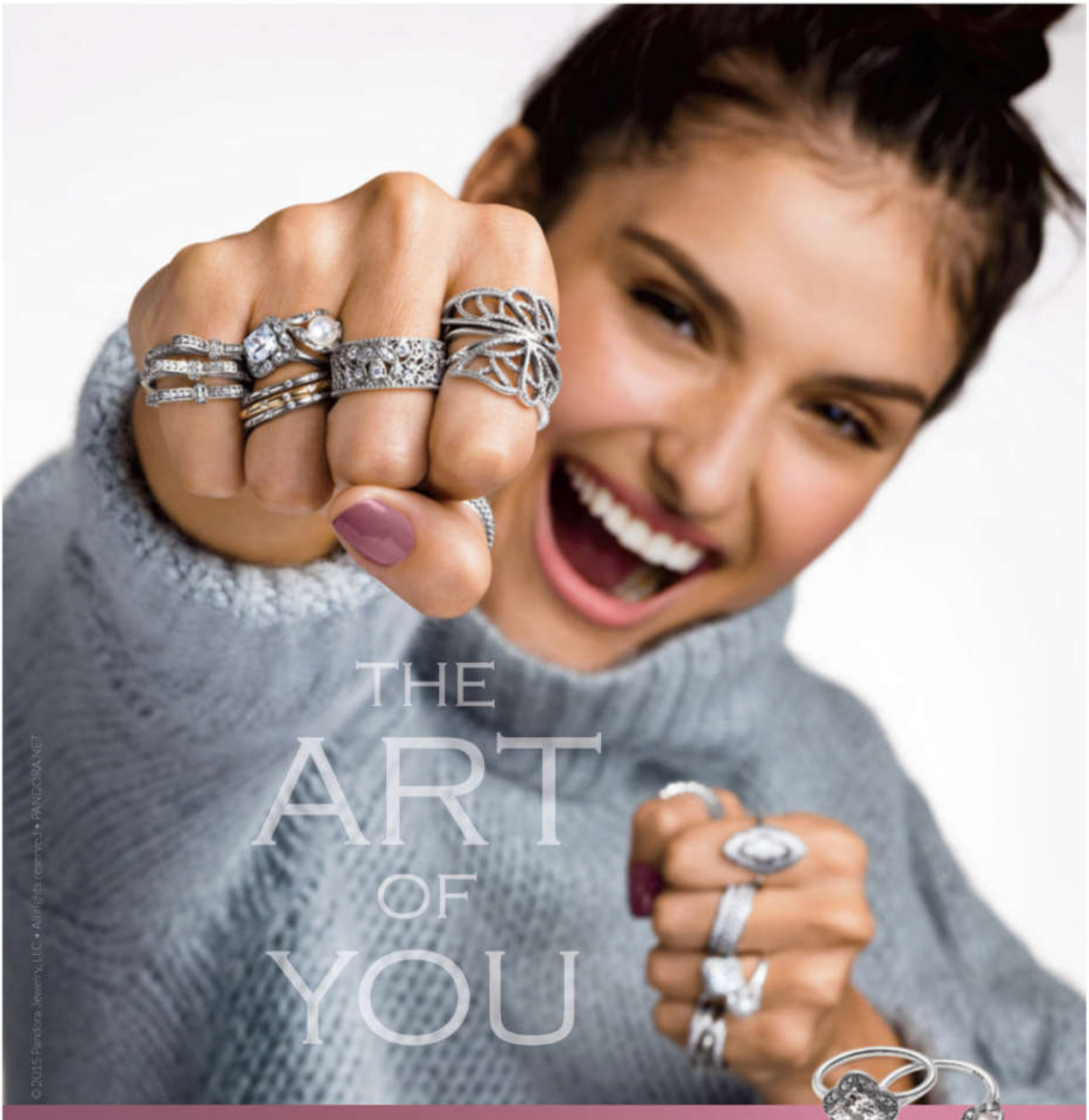
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